## The Tzolk'in Clock - Wind Trecena

## By the White Shaman



As described in the past few articles, imagine yourself sitting inside of an 8-sided Navajo hoogan. You are in the middle, facing east towards the door. West is behind you, south (shown above) is to your right and north is to your left. The Tzolk'in Clock is meant to be viewed in three dimensions.

The Tzolk'in Clock has eight sides, like a hoogan, with four faces (east, north, west and south) and four corners (east to north, north to west, west to south, and south to east). The wind trecena is the last trecena on the south face or right side of the hoogan (shown outlined in yellow). After the wind trecena are the two trecenas on the southeast corner. I call the combination of the three south-face trecenas and the two southeast-corner trecenas, "team south". The Wind trecena begins the last three trecenas of the Tzolk'in Clock. During these next three trecenas we gather the fruits from our seeds and set the intentions for our new seeds to be planted on the Crocodile trecena, the beginning of the east face and the first day for "team east".

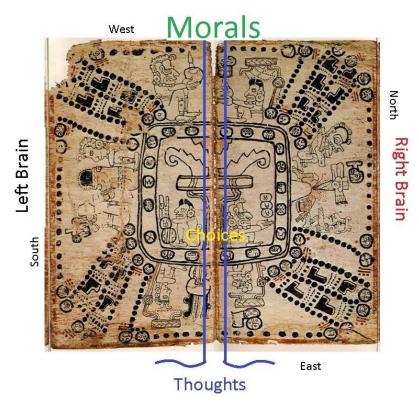
Let's consider the wind trecena's relationships on team south. Have you ever been standing next to a stranger, and just felt comfortable talking to him or her? It's likely that both of you are on the same "team". People born on the same team make good friends. The Tzolk'in Clock explains the reason for feeling comfortable with people on the same "team". Looking again at the figure above, the first day of the south face is 1-Wisdom (bottom right of picture). This is the day that the weight of our collective consciousness is released from "team west" and placed on shoulders of "team south". Everyone on "team south" has their Tzolk'in birthday on one of the five south trecenas. People born on 1-Wisdom begin the process, then 2-Earth, then 3-Flint, etc. until after all 65 days the weight of our collective consciousness is place on "team east" beginning on 1-Crocodile. Each team shares the burden of time for 65 days. All other teams are resting until it is their turn.

My research has led me to believe that people born on the same team just naturally get along with each other, more so than people born on different teams. Furthermore, people born on the same trecena will feel like brothers and sisters, in their friendship; especially if they are born on the same day!

## Fascinating facts that connect us to the Tzolk'in Clock

- The interlinking of the Tzolk'in and Ha'ab (the 365.25 day calendar) gives life changes at 13, 26, and 52 years. At 13 years old, it is typically a day to celebrate a boy's manhood. Later, as an adult it's good to wait until you are 26 to make any major life changes that will affect your next 26 years. You become an elder at 52 and are given a new outlook. And, there is a celebrated charm when turning 104, which should be everyone's personal goal.
- There are around 260 days is the gestation cycle of a human. From the time of conception until birth is around 260 days. You experience a full Tzolk'in round in the womb.
- Our body has ten fingers and ten toes, which multiplied by our thirteen major joints, equals 260. The 13 major joints are the neck, shoulders, elbows, wrists, hips, knees and ankles.

I believe that the Tzolk'in Clock also explains how human minds work. Looking at the whole Tzolk'in Clock, shown below, the east face is where thoughts begin. Shown in the center are three choices: accept, reject, or ignore. The west face is where the collective consciousness gives us guidance for our choices, labeled "Morals". The north face represents our right brain and the south face represents our left brain. I have drawn a blue arrow to show how thoughts pass through the Tzolk'in Clock (perhaps, a map of the human mind which resides on the inside of your third eye), from the origin of the thought, to your choice on the thought, and how your morals guide your choices.



My research has shown patterns with people I have met and learnt their Maya birthdays. People born on the morals side (team west) are good at managing other people. People born on the left-brain side (team south) are good at math, language, and logic. People born on the side where thoughts originate (team east) help others get along with each other. People born on the right-brain side (team north) are good at artistic expression. **The wind trecena:** Here's how each day's energy connects on the Wind trecena. It's important to feel the shift of the day's energy during a trecena.

Each trecena has an ending direction. The Wind trecena ends on 13-Jaguar. It starts with 1-Wind, or the breath of god, followed by 2-House which has the Ik' (wind) shaped windows to allow the wind to pass through the house. The 3-Seed day is to conceive, in the house, seeds to be planted the next day. The 4-Serpent energy is like a new plant sprouting from the ground. The next day is the 5-Transformation energy is that of a caterpillar to a butterfly, a tadpole to a frog, a seed to a flower. Then it's almighty 6-Deer day, pulling you from the underworld. Followed by the 7-Star day, when our star, Venus, rises above earth.

Picture from an ancient house in Tonina where the wind blows intention into the seed. There are many T-shaped windows and doors found in southern Mexico, Guatemala, Belize and even in Arizona.



## Upside down Ik' windows connecting underground Rooms at the Tonina pyramid in Mexico (2016)

In other words, following a 5-Transformer day, it takes the sturdy foundation of 6-Deer to pull us out of the transformation energy. We've just spent the transformer day with our ancestors and it's time to get back to reality. Take what you have learned on 5-Transformer and apply it on 6-Deer. The next day is Venus, or Star. 7-Star is the day to look up to the sky and imagine great things that you can do.

8-Water has heavy undercurrents. Question everything and pay attention to what is happening around you. Be here right now and enjoy your day, even with the turbulence.

9-Dog is an aggressive morning energy followed by a dog day afternoon. Dog days are a wild card of the Tzolk'in. If you were born on any day with the inflection of 9, then 9-Dog is especially enjoyable.

10-Monkey is the day of choices and opportunities. Which road will you travel?

11-Road has lovely morning energy. Spend time remembering last night's dreams. Enjoy being alive, feeling regenerated and fresh.

12-Reed is the day to feel god's love in your heart. Rejoice being connected to our creator.

13-Jaguar has morning energy filled with ying / yang. Focus on change from slavery to freedom, and from fear to love. Connect with your natural self.