

2025 Fall Equinox Message

From Aca'u

Channeled by Camille Albrecht on September 10, 2025
The 2025 Fall Equinox begins in the Northern Hemisphere
on September 22nd at 2:19 pm EDT

Greetings, it is I, Aca'u who speaks to you now.

This Fall Equinox period is different from most. Most often, this is a time of pushing forward to take action after the maintenance and evaluation energies of the summer solstice period. It is a time of high activity, initiative and advancement with the harvest. This equinox is not so. Rather than pushing ahead to initiate the new, this is a time to step back to view things with a fresh perspective. Examine the harvest - what you have created in your life thus far, and what has manifested about you - with new eyes.

This is a wonderful period for innovation, creativity, and breakthroughs. Ponder, contemplate, and meditate. Take long walks to mull things over. You'll have access to new ways of perceiving and an expanded awareness that leads to new ideas and solutions. So, rather than move forward with new action, it's time to let things percolate for a bit longer.

Take the pressure off yourself to make major decisions now. Many of you are already finding yourself in a new situation, and it can feel a bit unnerving because the energies are unfamiliar to you. Settle in a bit. Learn to accept where you are right now and know with a certainty that guidance is there. Be okay not knowing what the next step might be. Change is occurring, of that there is no doubt. But the push to decide it now isn't necessary.

What do you need to see with new eyes? Look at your life from a detached perspective; meditate to get the view from the space of the High Self. Let the ideas develop before taking action. There will be plenty of movement forward after the first of the year. So, take a step back, ponder, meditate, put on some music, and dance!

This is a time of finishing up what hasn't been completed. What have you left to do before moving on? Take care of that this fall. Are there any cupboards that need to be cleared out? I speak of those internal ones that store guilt, regret, or painful memories. Why carry them forward? Turn inward to assess, accept, and then release. It requires a shift in perspective, which is now readily accessible to you. Are there some projects you want to bring to a close? This is a great time to finish what needs to be finished. Clean house; it paves the way for greater fulfillment.

Please be aware that tensions run high now. Tempers flare. You may find yourself less patient than usual. Understanding this can help you tone it down. Make your viewpoint known, but remove the anger from it. That may not be easy now, as war-like planets are at odds with each other. Don't add to it. The other energies unfolding now are those that encourage you to create peace and to permit peace to flow through you. These two opposing forces are at work during this period – one that enflames anger and the other that encourages peace. Choose peace. Speak your mind, live your ethics, but as the peaceful warrior, not the warmonger.

You are capable of much innovation during this time. Great transformation is on the horizon. You have access to Divine Inspiration at a greater level than ever before. This is a wonderful time to explore new areas of creativity. Write, draw, paint, even if you have never tried to. And for you seasoned artists, try something new.

Look to new ideas and innovation, new creations, new friendships and deepening of existing ones, along with new bridges to build. Yes, there is much discord in the world, but the new is coming. And while this is underway, remember to live with joy. Permit yourself to laugh, to sing, and to enjoy the company of family and friends who nourish you. And nourish those around you. Leave others feeling all the better after having been in your presence. Uplift. For you are a Divine Being, capable of bringing the Light to any place, person, and situation.

Know that we are with you each step of the way.

I bid you peace,
Aca'u

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