

2025 Summer Solstice Message

From Aca'u

Summer Solstice 2025 Message from Aca'u
channeled by Camille Albrecht on June 14, 2025

The 2025 Summer Solstice begins in the Northern Hemisphere
on June 20th at 10:42 pm EDT

Greetings, it is I, Aca'u, who speaks to you now.

Take a deep breath and enjoy summer. There is much beauty and peace around you. Seek it out and bask in it. As always, I recommend spending time in nature. Its restorative power nourishes you and feeds the soul.

This is a wonderful time to be with family and friends. Reach out and make plans to connect with those you enjoy spending time with. Social gatherings, phone calls and zoom chats between you make for great pleasure, as well as creating wonderful memories.

Understand what you can control in your life and what you have no control over. Take time to give this a good inspection. What you have no control over, bless and let be. Sending nonjudgmental Light is always a good response. And of course, change what you can. This is done by your thoughts, words and actions. They matter in more ways than you know. Your acts of kindness, and words of encouragement and support to another make a great impact. Please be generous with these. So many are struggling now. And while you may not be able to directly alter their course, you can buoy and strengthen them. Think of the times someone has done this for you and how it helped you press on. Turn inward and you will be guided as to when to act, and when to observe and bless. You see this guidance offered in many writings, podcasts and such now. It is wise indeed.

The most important action you can take during this time of great change is to love one another unconditionally. Yes, I know you have heard this many, many times. But, are you living it? And that includes loving yourself. You love yourself by knowing yourself and then having the courage to be who you really are. Be you! You are the only person who can fulfill the God within you, for you are unique, as our dear Julian taught.

Do remember that the greatest gift you can give another is to accept them. You don't have to approve of what they do, but you don't have to damn them either. Soul to soul, unconditional love is always the answer.

Please trust in a good future. It is created by your thoughts, followed by your words and actions. Be aware of what you are creating and trust that joy can be touched every day by you tuning in to it. For joy is all around you, Light is all around you and love always is there. We are with you to support, strengthen, and guide. Invite us in.

I bid you peace,
Aca'

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