

# 2026 Spring Equinox Message

## From Aca'u

Channeled by Camille Albrecht on March 16, 2026

The Equinox begins in the Northern Hemisphere on March 20th at 10:46 am EDT

Greetings, it is I, Aca'u who speaks to you now.

All systems are go. Now is the time to progress with your plans. The fall and winter months were times of acclimating to the changes in your life brought about in 2025. It was a time of reflecting and adjusting to those changes, of wrapping up what needed completion, allowing things to settle and to percolate what your next steps might be. That period is ending. The time for moving forward has arrived.

The Spring Equinox signals the beginning of a new chapter in many lives. You may already sense it—that feeling that change is stirring. And you're right. Expect powerful and often dramatic shifts in both your personal life and in the world around you. The energies now emerging support self-assertion, initiative, and decisive action. For some, this will also bring hot-headed impatience, aggression, and self-aggrandizement. It all depends on how the energies are used.

You may feel yourself becoming more direct, more action-oriented, and more willing to initiate something new in your life. This is a powerful time for fresh ideas and new adventures. The energies provide courage to permit you to step forward boldly into your future. A sense of "now or never" may arise, providing the inner momentum to act on aspirations and desires you might have hesitated to act on before. There is also the courage to try things a new way, to live your life differently than before.

Many people will feel a strong urge to advance their own agendas. There is nothing inherently wrong with this, provided it doesn't infringe upon the rights of others and that your responsibilities are met. You may notice yourself becoming more protective of your time and energy. Meeting your own needs, and claiming space for your aspirations may feel especially important.

Take the time to reflect on what you truly want in this new cycle of your life – be that 1 year, 20, or more. Create a broad vision for the life you wish to live. You are not the same person you were a year ago. Honor the ways you and your life have changed. You have moved through a period of growth and adjustment. Now is the time to step forward and consciously create a future that reflects who you are today.

Ask yourself what you truly need to be fulfilled and whole. When your cup is full, you are able to give more freely and authentically to others. From that place of inner completeness, you can both pursue your own self-actualization and meet your responsibilities to others—not from depletion, but from genuine abundance. In this way can you be a Light for others and together, create a future that is good.

I bid you peace,  
Ac'au

**Our mailing address is:**

[\\*camalbrecht@gmail.com](mailto:*camalbrecht@gmail.com) | \*

*Copyright (C) \*2026\* \*Pathfinder\* All rights reserved.*