

## 2023 Winter Solstice Message from Aca'u

This message was channeled on 12/20/23 by Camille Albrecht

In the Northern Hemisphere, the 2023 Winter Solstice

begins at 10:27 pm EST on 12/21/21

Greetings, it is I, Aca'u who speaks with you now,

Nurture yourself this winter solstice period. Do what you need to restore yourself and regain a sense of inner balance. Energies have been tumultuous and draining. This is a time to lighten your schedule where you can and take time to nourish yourself. Turn your mind off now and then, and just be. Permit the Light from your High Self to bathe you, bringing peace to your every cell. In this way, you can proceed with strength.

The energies now are polarized. One set stimulates self-centeredness, aggression, divisiveness, authoritative misuse of power, and over-blown reactions. You see evidence of this growing throughout the world.

The other set of energies now descending fosters cooperation, creativity, innovation, faith in the future, and optimism in general, along with an increased connection with Source.

It's your choice. What do you want to access and permit to feed you? I'm not suggesting you deny the world's crises, but I am suggesting that you respond to them with belief in a good future. No matter what you see and hear, you can remain steadfast in your knowledge that a time of peace and wholeness is coming. This is where the world is heading. It has been decreed.

And you are the manifestors, the creators of the future. You can allow the egocentric forces to create fear and dread, or you can align with Light and grow unity and humanitarianism. You can live, as one author wrote, "Behaving as if the God in all life mattered".

This is not a time to capitulate to the hate-mongers. This is a call to action. Warriors of Light, Bringers of Peace, stand vanguard your thoughts. Foster those that create a future you want to live in. Treat others with acceptance, kindness, and generosity. Add to the universal bank of open-heartedness.

We on this side of the veil stand with you. Don't ever doubt yourself. You are Divine, you are powerful, and you are so very loved. Trust yourself and trust that the world is going through its growing pains but you are an architect of it's future. Be good to yourself, listen to your inner wisdom, and act on it. There is so much joy to be had; partake of it and flourish.

May you have a blessed, peaceful, and happy holiday season.

I bid you peace,

Aca'u

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