



Take Care of the Earth
- Sea Otter

They do not have the Right to Poison Us

-- by Francesca Caigatti

As a sovereign being I have the right to my own health, which is a natural state, intended by the great designer and nature as our normal functioning state. Within all of nature, health is the natural order of things unless something upsets the system and the conditions that promote health.

To preface and underlay these comments, I present two references.

Reference #1: The first is by Adelle Davis, a world famous nutritionist from the 1970s, page 130 *Let's Eat Right to Keep Fit*.

"Any foreign substance reaching the blood appears to be more or less toxic [poisonous]."

Foreign means not native or natural to the body and therefore not of health benefit to the internal chemistry and functioning of the body.

All of nature is structured in such a way as to provide creatures living on this planet everything they need to maintain health. All the foods are here; they grow naturally if tended or if not, if they have proper soil, light, and water conditions. Hunter/gatherers found all the foods they needed growing for free in the natural landscape. Today we don't forage but we still rely on the plants that this planet provides us. These are natural substances, designed by the great designer to work in harmony with our bodies and provide everything we need to maintain health. These things work to maintain health because they contain the right kinds and amounts of all the nutrients we need – chemicals in the form of vitamins, minerals, enzymes, proteins, and other components – which function elegantly in the human body in the proper ways. Even alcohol and tobacco, natural substances, have some health benefits, but not the way they are made today.

In our world today our scientists, food engineers, genetic engineers, and others have messed with our natural sources of food. Pesticides, fungicides, herbicides, and other poisons now coat and are absorbed by our foods, and then by our bodies when we eat the foods. All of those chemicals are not natural to this Earth; they would not have evolved naturally by themselves, are foreign to Earth's natural chemistry, and are therefore harmful to the natural chemistry of Earth life. They cannot be used in any beneficial way by any living thing. If a substance taken into a body is not beneficial, it is harmful. If it is foreign it is either poisonous or disruptive. Some of these things the body can rid itself of, some it can't. Some accumulate, like aluminum and lead, metals the body cannot use,

which act as poisons, producing errant chemistry and malfunction of systems. Even the ones that don't accumulate do damage as they pass through the system. That is the nature of poisons – they are not health-producers.

Ask yourself:

Why is it that our government allows our food industry to poison us?

Why is it that when our government has allowed our food industry to poison us, they do not advise us of that fact?

Why are not grocery stores required to post information telling us what pesticides, fungicides, herbicides and other poisons were used on the foods we buy?

Why are we not given specific information about each pesticide, what its chemical components are, what they are made from, and what the health effects of those components are?

We can each do this research ourselves, spending hours and hours attempting to learn how our health is being compromised and degraded. But you might ask yourself why the food industry does not provide that information to us. Can it be that they don't want us to know? That if we did know, we wouldn't buy their poisonous products? We're not stupid, but we're generally ignorant (uninformed), and deliberately kept that way. You might wonder why that is, what the intent behind that is.

Let me put it another way: If all our foods can be grown organically, without poisons, why would our government and the food industry choose to *not* do that? It is clear that health is not a priority for those controlling what ends up in our grocery stores, no matter how many "food pyramids" the government wants us to study. By government's and industry's doing, if you eat your veggies you poison yourself. If you eat anything at all you poison yourself.

Reference #2:

The second reference I make is to the study that identified 287 unnatural chemicals in the umbilical cord blood of 10 infants born in the US in 2004. This study is the most damning evidence yet that we are all entirely poisoned from pre-birth onward. Those infants had not even breathed the atmosphere of this planet, yet their blood showed petroleum pollutants:

[EWG Report || BodyBurden 2 - The Pollution in Newborns
Chemicals and pollutants detected in human umbilical cord blood
archive.ewg.org/reports/bodyburden2/execsumm.php

EWG || Human Toxome Project

The blood and urine of the "EWG/Commonweal Study #1, industrial chemicals and pesticides in adults" group contained 171 of 214 industrial compounds ...
www.bodyburden.org/participants/participant-group.php?group=bb1

You really need to take that piece of information to heart and understand that this applies to *you* even though you may live out in the country and can't see the pollution in the air. You are not required to wear a gas mask yet, so you think your air is clean, or relatively clean, but your blood contains residues of pesticides, industrial chemicals, and petroleum byproducts. 287 separate, identifiable, manmade, unnatural chemicals! Those infants existed in an environment that should not have required the wearing of a gas mask, yet the evidence is in their blood too.

What this should tell you is that we are absolutely being poisoned every minute of our lives on this planet. The source of that poisoning is industry and the products made by industry, over which we have no control.

How poisons get into our environment has been widely studied and we know how it happens. The sources are everywhere despite OSHA and EPA. OSHA admits there are more and more violations every year, meaning more and more chemicals released into the environment. And, of course, there is the ever-polluting motorized vehicle, our military's use of depleted uranium projectiles, and leaks from nuclear plants and nuclear waste sites. All these poisons travel by wind and water. We

know all this. We've known all this for more than 60 years, but here we are, still being poisoned. I find it very difficult to believe that our so-called "genius" that got us to the moon in ten years time, inventing new technology every day to do that, cannot have in 60 years been used to correct our poisonous ways. It is a question for contemplation and questioning of your government representatives, why this poisoning has been allowed to continue and when it's going to stop.

I am very tired of this blatant disregard of our health, which I have lived with all my life. Industrial chemicals, all foreign to the natural world, all created in laboratories, number in the hundreds of thousands. These chemical compounds would not exist by themselves in nature except under very extraordinary circumstances. We create them willy-nilly in laboratories without having the slightest clue what the true effects on health are, or how they combine in random ways with natural environmental chemicals to produce even stranger poisons. Many of them are never tested at all until the general population becomes the testing ground; then we find ourselves in an adversarial relationship in which we must fight tooth and nail, and squander millions of dollars in consumer lawsuits to get industry to stop whatever it is doing that is poisoning us.

Our most ordinary products, things like hand lotions, contain 15 or more unnatural chemicals, which we put on our skin and which is absorbed into our body. Many contain mineral oil (derived from petroleum) which is known to bind up Vitamin A, depleting this needed healthful ingredient from the body, but adding a poisonous petroleum derivative to our bloodstream. Toothpaste contains petroleum derivatives. We put that into our mouth, where the very absorbent and sensitive skin of the tongue and cheek lining absorb it into our body. Any number of our "medications" act as poisons or system disrupters in the body, evidenced by the many harmful side-effects from our pharmaceuticals. All these things end up in our blood, which circulates through our whole body, with these chemicals doing whatever damage they do according to the rules of chemistry – which man cannot change.

It is impossible for the natural body to NOT be affected by unnatural chemicals. The body is a living system. All parts of it are alive. Chemistry is a lively process. Nothing is inert. Things combine. They just do, that's how nature works. It is man, though our industries and products that has added the harmful chemicals to this otherwise beautifully functioning system.

I repeat these simple things over and over, because it IS simple. There are basic biological laws that cannot be violated without causing ill health. If a chemical is not known to be *health-promoting*, then it most likely *isn't* health-promoting. Most manmade chemicals are NOT neutral, despite what industry and government tell you.

Well, you say (as industry and government have taught you to say) these are only tiny fractional amounts. Even if that is true, you are exposed to *thousands* of different tiny fractional amounts in everything you do every day, every product you use, every food you eat, the water you drink particularly if it is chlorinated, fluoridated, and chemtrailed. Even organic foods, which are cleaner because they are free of direct poisons, cannot be relied upon to be naturally "clean" because of chemtrails, chemicals being laid in our skies which precipitate out in the rain needed for our foods to grow. Aluminum and barium as well as a host of other chemicals have been identified in chemtrails – yet no government agency has ever made any statement about why chemtrailing is being done, what is contained in those trails, and how poisonous to all life they are. Whatever is in them, the natural law of gravity pulls it down into our soil, water, and food.

Every day you live in a sea of tiny fractional amounts of poisons. Add enough tiny fractional amounts together and the amount is no longer tiny or fractional. Many of these different fractional amounts combine in unexpected ways in your body, producing mysterious new disease conditions. These poisonous manmade chemicals cannot produce health because the body cannot make health out of poisons.

For those among you who simply cannot grasp this concept, there are some experiments you can do. Live exclusively on Twinkies for three weeks and see how well you feel. Lock yourself in a garage with a running automobile and see how long you can breathe. Spray some pesticide on an

apple and eat it. You will find out that there are limits to what the human body can and cannot do and remain in a state of health. As an alternative, consider vinegar, a natural substance. You can wash your windows with it and make a salad with it. It's good for you in limited amounts. Do not, however, try this with Windex. Old-fashioned pre-petroleum soap could be used to water your flower garden because it was good for the plants. Don't try that with Dawn; your plants will die.

Everywhere we seem to have substituted death in place of life. This is not the natural order of things by any stretch of the imagination.

We've known for over 60 years that the internal combustion engine is destructive to our health and the planet, yet here we are, still burning things, billions of gallons of petroleum over which we are fighting wars, and now ethanol, which is less efficient, uses cropland for fuel instead of food, and has its own pollutants. Where is our genius? We could not possibly have gone to the moon.

There was an explosion of "free energy" research and development in the late 1800s and early 1900s. Tesla is the name usually associated with some of that, but there were many others as well, and there are still many others today although most of them have been silenced in some way, bought off or killed. Today Tesla is known only for energy beam weapons, which is the part of his research that the military fixated on. Destruction was not his goal, however, according to statements he made while working on the over 700 patents he held when he died, most of which never made it into production. His goal was free non-polluting energy, from the atmosphere, all around us, anywhere and everywhere. The poorest person on this planet would have been able to have artificial light, and heat to cook food and warm their home. But no, J.P. Morgan and other financiers refused to back him because money could not be made off of free energy.

And here we are today. Money as an object of worship has surely sent us down the wrong path in almost every area of our lives. We are sick, we are poisoned, and our children are *born* poisoned. If that demonstrates the power of money ... what a waste of an entire "civilization."

I do not accept that we cannot do better, because Tesla existed and there are other ways. Those who controlled the choices that were made about what kind of energy we would have are responsible for the mess this planet is in today, especially since we've known about the harmful aspects of petroleum for more than 60 years. Instead of making other choices, petroleum is today the most exploited chemical used in global industry, the basic substance from which thousands of inter-locking chemical processes have been created – all poisonous.

They do not have a right to poison us.

Who among you agrees that this personal and global poisoning is OK? I surely don't. **THEY DO NOT HAVE A RIGHT TO POISON US.** Instead of sitting back and saying "Well, that's the way it is," which is what they want you to say, you should be angry and taking back the power you have. *You are part of the system; therefore you have power in it.*

I encourage you to protest what is looking to be a forced change to fluorescent light bulbs. Although they are more energy efficient, there are negative trade-offs. First of all, they contain mercury, a known poisonous metal. Can anybody foresee the environmental impact of all those fluorescent bulbs ending up in landfills? I can. There needs to be a whole separate recycling program just for these bulbs to keep them out of landfills, because the same guy who pours antifreeze into the public sewer system is also going to throw these bulbs in the trash. We can know in advance that this is going to happen millions of times over. Secondly, there are negative health effects associated with fluorescent light itself, which no one talks about. These include migraines and skin conditions which develop under exposure to this light, the cool end of the light spectrum, light that is the least like natural sunlight. Hundreds of studies demonstrate that there are negative effects from fluorescent light, a problem we do not have with incandescents. From my perspective, what we gain in energy savings is not a fair trade for the negative health and environmental effects of this product. Our energy problems should be being addressed by the free energy guys. We should not

be pretending that we are stuck with petroleum as our primary energy source and that therefore all of us are *required* to be *more unhealthy* just so that poisonous system can remain in place! Hell no.

Despite the fact that you cannot get them to stop making harmful products – almost everything made by modern industry – you can stop buying the stuff made by modern industry. Sure, be “green,” but check out how those green products are made. Most of them are made in exactly the same old poisonous ways that previous products were made. How steel is made has not changed. Plastics are still made from petroleum. Industry hasn’t changed.

In the meantime, take back your power, your sovereignty, and your right to your own health! They still need you to buy things and everything they provide for you to buy has poisoned this planet in some way. Stop supporting them. Let the damn poisonous economy collapse. Let someone new rebuild it in ways that are health and life-supporting for you and this planet!

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