

My final gift for humanity!

Hello to all of humanity,

First, I have noticed a lot of you people seem to think I am teaching some new age bullshit? Well you are actually far from the truth. My name is Ricky Klappers, and what I have been teaching you all, is about humanity. But because some minds like to play tricks on them, people only see what they want to see.

I have been my own experiment since 1992. I have been sacrificing myself, to see what we are capable of, and how much we actually need to survive. As some of you may know by now, by my other post's and books that I have written, that I am still here and alive and well. Some of you know I very rarely get sick. Now we are here in 2011, 19 years later, and I feel confident enough to say this experiment has work successfully. And best of all I am sharing this with you all for free. The most important thing to remember right now is that everything is mind over matter. We have the will power to do just about anything we want, for example: Some people have the will power, to get out an exercise every day. Some people have the will power to get up and go to work every day. Some people have the will power to eat healthy every day. So I think you should get my point now, that everything is mind over matter. This is the way of programing our mind to do what we need to do to survive. Therefor you have just realized now that we are capable of controlling our mind, and not our mind controlling us.

Some important facts to be aware of, is that your body, can survive up to 14 days without food, and up to 3 days without water.

Water is not a problem, as we have this in abundance, and are capable of desalinization from the ocean.

So the problem lies with food. I am about to show some of you how deceived most of us have been.

My experiment has been to see how much food each human needs to survive every day, and still be healthy. Now going by height and size of the individual, for example, I am 172cm tall, and my waist is 102cm. Yeah I know I have put on a little, but that has been due to my laziness, But I have start exercising again in the past month, and have lost some already. If I put my 2 fists together, that is the amount I need to eat every day. For the past 19 years, I took away my breakfast for 16 years, and have never needed it still to this day. 3 years ago, I began taking away my lunch, with some will power, this has been quite simple for me. And still remain free from illness. Now with saying that, I eat once a day, and survive very well, actually better than most that eat more. As long as I am putting the right nutrients in my body each day, that is all my body needs. To find out what your body needs each day can be found here, <http://www.linksnorth.com/nutrition/nutrients.html>

So what I am saying to your all you only need one meal a day, not 3. Now what you do with this one meal is completely up to you, you can space that one meal out into 3 if you cannot handle going without food all day. But you will be very surprised on how little your body needs to keep your energy going all day. But like I said it's all about will power, if you can get up to got to work, and you are capable of doing exercise and so on, you have the will power in you to do this as well.

Now take a look at this:

If every person can eat 1.5 meals a day, notice I did not put 1?

There is roughly 917,795,173 under nourished people in the world, take this away from a rough total of population, 6,991,243,110, which leaves 6,073,447,937 people that are fed properly.

So now $6,073,447,937 \times 1.5 = 9,110,171,906$

This leaves a staggering 3,036,723,969 people we can still feed?

If we get the population under control, right now. We will not only have enough to feed the entire population, but will also be able to reduce the food we are producing now, which then cuts down on machinery, and the use of fossil fuels. Which will of course slow down the pollution of earth. If we go to cleaner energy, this will be an added bonus.

Now keep in mind this is a rough estimate, but I think some of you get the idea.

It does not matter if you like a person or not, they still have a right to eat, just like all of you. Money should never be a factor when it comes to food and water, something that every human has a right to.

I guess the main question remains; can you sacrifice a small part of yourself, as I have, to feed the rest of the population?

This is what it takes to be humane, and this is exactly what I have been building up to, to help all of you with this. Like I said it does not matter if you do not like someone, as I may not like my opposite's controlling this world. My opposites are not here for themselves, they are here for you and me, whether they like it or not. We are all here for each other, whether we like it or not.

The rest is in all of your hands, I am already doing my part, because I always believe in practicing what I preach. I would never attempt to harm another's life without risking my own first. This does work; I am proof of that, 1 experiment with 1 person, worked successfully. Just keep remembering it is all mind over matter, If I think about food, naturally my brain tells me to eat, if I do not think about food, of course the opposite happens. All ads for food should be removed from the internet, radio, TV, billboards and so on, so it does not condition you to keep eating.

There is my final gift to you all, now it is up to you, can you do it, and become humane again? Or you can choose to continue worrying about yourself, which is the way my opposites want you to act?

I believe even the animals are laughing at us, probably thinking, "And they are the intelligent ones, they even kill their own kind"

Surely we are smarter than the smallest of creatures? I guess only time will tell, if we can all do this or not.

If you wish to help even further, feel free to share this with your family and friends, but of course this is your choice.

Take very good care all of you,

Namaste

Rick