

## The Path of the Mystic Explained

This is at the request of some readers. So, let me state right at the outset that the Mystic Path is not a religion. It is a spiritual approach to how our chosen personnel journey interacts with the world in which we find ourselves. It is very personal and largely an interior exploration with no rules or regulations, except those we may choose to adopt for reasons of our individual choosing. It is an exploration of the Heart more than of the mind.

That said – Mystics feel that the soul's spiritual journey should be rooted in Love – the strongest power in the Universe. We feel Truth is not obtained in the outside world but is an interior and very personal revelation beyond the mind – bearing in mind that the mind should be seen as a tool – but never our master. The Mystic Path does not pass judgment – it simply observes.

Unconditional Love is the corner stone of the Universe. Once that is truly felt deep within us, then we will be lifted up out of the quagmire of negativity and fear by which we have allowed ourselves to be controlled over the centuries. We just have to remove the blinders.

Humans are in essence beautiful beings when they are born. Think of what you feel and see in a new born – or, as that child begins to grow you see it interacting with other children giggling and dancing, and interacting with each other as children do – simply having innocent fun. It makes you feel good also observing it. Then as they get around four or five they begin to absorb the attitudes and understandings of those around them – parents, family, teachers and teachings in school et al. This is when the molding begins to 'educate' a child into the culture and society into which it has been born along with all of its attitudes and [mis]-understandings from its – the societies – perspective. That applies to and includes religious beliefs, or none, any anger extant in the home between parents, societies attitudes towards other races and cultures and so on.

Here's an extreme example I often use to illustrate my point. Saddam Husain who most would see as an 'evil' person was rejected by his father and raised by an uncle. This uncle abused him terribly – made him sleep in the barn – beat him with an iron rod – and wouldn't let him join the family at meal times, and so on. This was the 'moulding' that he got. When he was born he was a simple innocent child but became this hugely angry man out to kill anyone who got in his way.

Had he received his mother's love and nurturing and been accepted by others of his family as he grew we would have seen a very different Saddam. We are the result of our conditioning what ever and how ever that conditioning is received and absorbed.

In my opinion – and you've heard this from me before – corrupt rulers along with the divisive affect of religions across the world has divided humans from each other in a very negative way making us largely puppets to mainly these two elements – rulers and

religion – down through the centuries. My first remembering on a personnel level was when I lived in Quebec City at the age of 4 and 5 in which the French kids would taunt me when we would be playing together and tell me “You not Catholic – You go to Hell sure!” THAT is conditioning.

So, to be able to return and re-discover our true nature of who we in essence truly are – then these two corrupting elements – along with the global imbalance of men over women – must be seen for what they are. Most who are caught up in a particular religion do so from a real earnestness and a sincere desire to do good and to do “God’s Will’ as they understand that from what they are taught by their religious teachers. When you have endless different religions all across the world, all claiming they have the “Truth” then where do you begin?

My answer to myself – Start with Love unconditionally and without judgment in accepting that we are all sons and daughters of a living and Loving Creator – what some refer to as “First Cause” – and start to play and dance and hold hands just as that beautiful Man said some two thousand years ago “ Unless you be as a little child you cannot enter the Kingdom of Heaven” – In that one statement He appears to be saying we were not born evil, as some religions appear to indicate - but that in our very essence we are pure and loving beings. I prefer that.

I would like to share with you these words:-

“Truth is not confined – It is everywhere and is everlasting. It does not reside, nor is it the purview of anyone person or religion. It rests within the hearts of us all. It is found in the Silence when the mind is still. It overflows from the Heart when we “listen”. It has no limitations for it is everywhere and in all created things – and Love is its messenger.”

There is a web site you might find interesting [www.wingmakers.com](http://www.wingmakers.com), Then, for a start click on the film which is about six minutes long. The music is enchanting if nothing else.

Thank you – and please, these are just my views on the Mystic Life - You’ve asked - and this is what has and does work for me. You can also access another article of mine on this same subject written a couple of years ago if you go to <missionignition.net> and click on “Beyond the Box” and then click on # 10. Thank you. Michael.