

IAN XEL LUNGOLD - WITH ART BELL Feb 8, 2001

From the _____ and the great American Southwest, I bid you all a good evening and/or good morning as the case may be and welcome to the best time in talk radio in the world, stretching virtually across the world, from Guam in the west to the US Virgin Islands in the south, into South America, North all the way ... world wide on the internet. This is Coast to Coast AM and I'm Art Bell. First of all I'd like to welcome yet another new affiliate that would be KSUE in Susanville, CA 1240 on the dial there. Hello Susanville. My chief webmaster has come up with a really, I think, unique feature. Most radio programs will not list the affiliates that they run on. There is a reason they do that; they usually are afraid the other networks or radio shows will try and steal them away. Well we list our affiliates and boy did Keith come up with a cool way of doing it. If you go to my web site at www.artbell.com, and go to the 'what's new' thing on the left there, you'll see an updated affiliates list, but what a unique way of doing it. There is a picture of the United States, Hawaii, Alaska, Guam and all the various states and where ever you live all you have to do is click on that state and walla, all of the affiliates in your state, in your area will be listed. That is pretty cool work if I do say so myself, and I do. It's not mine it's Keith's. Really cool stuff so, if you are looking for an affiliate in your area, that's the way to do it, just go there and click on your state. I see that he had to use extensions for all the north east states, they are so close together, but it's really cool. You just click on whatever state you are in, take a look see and it will tell you all the affiliates that are there; that is pretty cool stuff. So, that's on the web site right now at www.artbell.com.

In the news tonight, let me see, Sharon defers talks after car bomb, figures. New quakes hit India; that's pretty serious - 5.3 magnitude injures 25, doesn't kill anybody, yet, that we know of. Let's see, congress reviews Bush Tax plan, Argentina won't enter arms race, that's about as interesting as it gets. A couple of items, and I don't know how this got out, it's not really a secret but somehow it got out. Someone sent me an email saying someone told me Dan Akroyd was going to be on the show, is this true? He is not on the limited list on the web site. Yes, it's true, Dan Akroyd is going to be on. Dan Akroyd had a very serious UFO siting; a very very serious UFO siting. And so we are scheduling Dan Akroyd for some time toward the end of the month. So it's true; I just don't know how it got out.

In a moment we're going to do something a little different. I

ran into somebody today who sent me a fax that I thought was really cool, interesting. It just said, "Time is not speeding up, creation is." And then he goes on to say we now have scientific proof from every discipline imaginable that the Mayan Calendar is the timing of the unfolding of all creations/evolution for the last 16.4 billion years. We now know the exact schedule of creation, get this, the exact schedule of creation, including the future. We now can prove, as if it was needed, that more and more is happening in every second, it's the quickening with a different angle, a very different angle. Creation, my guest says, is speeding up. My guest is going to be Ian Xel Lungold. And I really want to know what he's talking about. He's a layman, he's however done some work, scientific work in this area with some credentialed scientists, so I'm very curious about what the man has to say. In a moment we will find out.

Art: Alright good morning everybody, here we go. This is Ian Xel Lungold. Ian welcome to the program.

Ian: Good morning.

Art: Every now and then I take someone who just faxes me, or emails me and it sounded so intriguing that I had to ask, so I called you as soon as you faxed earlier today and that's how you're on the program right now. Right?

Ian: Absolutely.

Art: Now, time is not speeding up, creation is. First of all, you say creation/evolution, so I guess we ought to get that straight. Do you have a preference or could it be either/or?

Ian: Either/Or. Yes.

Art: So, it doesn't really matter.

Ian: Creation is evolving. Consciousness is evolving.

Art: Okay. I can get behind that. It could be either one, really, or both, actually. In other words, it could be what we call evolution; it could be suppose the whole thing could have started as the process of creation and evolution is what we see unfolding scientifically.

Ian: Yes. (Art: Okay). As a matter of fact the Mayan Calendar has 9 different levels described of consciousness or stages of evolution that are of various lengths of time and this is how we

can prove that creation is actually accelerating, by measuring these levels.

Art: Accelerating. So when you say creation do you mean the actual changing of the human, in what ways are we changing?

Ian: Well, actually, what we're talking about here is the entire universe, from the Big Bang forward to today, so it's not just our evolution. We are into our own way of thinking of it, we're the crown of evolution.

Art: That's a way of looking at it, and you're right, we're probably a little egotistical; it's really everything, everything moving.. we can know, and touch and see, and look, the stars, the planets, everything. Right, gotcha. Alright, you say it's speeding up.

Ian: Right, well, actually, the Mayan Calendar, like I said, was built on 9 different levels, the first level was 16.4 billion years or so long. The second level is some 820 million years long. Now each of these levels turns out to be 20 times shorter than the level that came before it.

Art: Ah ha, hence the speeding up.

Ian: When we look at the historical record, we can see that the same amount of change happens in each one of these stages, but in 20 times less (Art: faster and faster, okay). This is what you are describing as the quickening).

Art: I just called it that for lack of anything else, I can feel it, I could sense it, I knew it, and so I began to document it and wrote that book and it's called The Quickening and, but your explanation sounds quite logical to me thus far.

Ian: Actually, that's what I've found, too. I've been talking to a lot of people about this since I was introduced to the subject about a year and half ago. And, everyone that I've talked to has experienced an acceleration of the events in their lives or breakthroughs or developments in their lives. There's just no disagreement that more and more is happening in everybody's life in every moment of everybody's life.

Art: Well you also say, we now know the exact schedule of creation, which in itself is interesting, including the future. (Ian: yes) So somehow you're able to look at these faster and faster slots of time as we go forward from the present and that's

really interesting to me. What does our future look like, Ian?

Ian: Let's do a little bit of back ground first. (Art: Sure go ahead). The future is predicated on what has already passed. We can predict the future in general by looking at the patterns of the past. This is actually what the Mayan civilization had going for it for it's 5000 years of existence. And, now we're coming up on a time when we can once again view this information and apply it to our future as predictions. So, let's take a look at the different cycles and what those cycles have produced.

Art: Now you do this correlating two calendars, right.

Ian: Mayan Calendar is actually a calendar system that's based on two different calendars. One is the Tzolkin Calendar, that is a 260-day periodicity. Every 260 days it repeats the same pattern. And, then there is another period of time called the Divine Calendar, or the Tune Calendar, which is a 360-day periodicity. It's very interesting that the Maya had the most accurate solar calendar of any culture; up until the advent of computers, they were the most accurate. But they never used that calendar for their civilization's ceremonies. They always used the 360-day instead of the 365 $\frac{1}{4}$ day calendar.

Art: Hum, I wonder why.

Ian: Well, because the 360-day calendar is measuring the actual happenstances of creation itself, not our lonely little orbit around this one dinky star.

Art: You have a good point there. After all, creation is all that is, not the Earth's simple rotation around our little, fairly dim star.

Ian: Right. As it turns out, these cycles, each one of these 9 cycles of creation or spans of consciousness, are subdivided into 13 equal sections. And, we can look at both the effect and also the Mayan legends or the traditions of what these individual sections have as a purpose, and we find actual events occurred that match the purpose of these 13 sections throughout all of the 8 levels that we have so far passed through.

Art: Alright, and so then you, again, took this calendar and somehow squared it with the Gregorian.

Ian: As a matter of fact, before I came into this last bit of information, I received a formula, and I say received, because it

was an idea that came all at once - an inspiration I guess is another word to say that provided a formula which converged the Gregorian Calendar to the actual Mayan Calendar - and it was very very simple formula. It's so simple that anyone over the age of 8 can easily do it. And, what people have been looking for for 500 and some odd years I came up with in about 30 seconds one afternoon.

Art: Do you want to share it?

Ian: I can share it, in fact I am sharing it as widely as possible from my web site through a thing called the Mayan Calendar and conversion codas... It's a very simple paper folded product that in just a few moments can convert any Gregorian day to the Mayan Calendar.

Art: Alright so once you've done that what have you achieved for us - what is meaningful to us?

Ian: Well, what we can do, the whole reason for paying attention to the Mayan Calendar, is because the Mayan Calendar is measuring all of the natural cycles of all of creation. Intuitively, inside, each of us knows that we need to get back to the natural rhythms of life, (Art: That's for sure) that our artificial systems are well in many ways destroying us, or impairing us and returning to a more natural way is something that's desired by almost everyone. So if you are putting your attention on something, which is measuring all of these natural cycles, then your consciousness is naturally tooled or entrained to those natural rhythms. And that's really the end goal of the whole Mayan Calendar; it was never to keep track of time; it was always to be a measuring device, or a tuning device for human consciousness or for consciousness and creation, to know itself and its own path. It was always to draw people's consciousness back to the natural rhythms.

Art: Now, was it the Mayan Calendar that was supposed to just end?

Ian: It does, it ends.

Art: Then, if it ends, how can you continue to project from it?

Ian: Well, hum, you don't. Actually, any game that you play, has a beginning and an end.

Art: Well, somehow, it's just unsatisfactory to have you say game

over, because it's obviously not. I mean here we are.

Ian: Well, so the day when you graduated from high school; that was not the end of your life, but it was certainly the end of your high school days. (Art: Right.) And we should look at the end of the Mayan Calendar in a very similar way.

Art: Okay, but again, you now say you cannot project from that which has ended, or can you? Because in here in the fax you said you can, creation is speeding up and we can virtually tell what's going to happen in the future.

Ian: Up to a certain point, and then we're going to have conjecture after that, because once the Mayan Calendar ends, pretty much its prediction ends. But we can extrapolate what happens after that. But, what I think we should go over a little bit about this Mayan Calendar to show people what kinds of things have happened, and how we came to understand how we can predict anything. (Art: Alright). Here we go: Now each of these 9 levels has 13 sections; it starts with inception, a beginning, the first section it goes through a period of enlightenment, and then it goes through a period of application or adjustment, then it goes through another period of enlightenment, then adjustment, and then enlightenment and so on. There are actually 7 period of light and 6 periods of dark in each one of these 9 sections. Each one of those periods has a specific purpose and a specific end or outcome. The 7th light, or the very end, the 13th section is the fruit, if you want to call it that way, or the fruit of the plant or the end result of the plant, or the expulsion of seeds for the procreation of another plant, and what we have here the very first section after quite a long time, after 16.4 billion years, it produced the human cell; excuse me the first cell of life, 1.26 billion years ago. Then the next cycle called the Mammalian Cycle was 820 million years long and its product in the last part of it was the first animal, some 850 million years ago. Then we come into the Familial Cycle. Now the Familial Cycle was a consciousness that was earned, or evolved to by the first anthropoids, the monkeys. We went from that into a 2 million year cycle called the Tribal Cycle and this is when the first humans appeared and formed tribes. After that was the Cultural Cycle; the Cultural Cycle has been running for 102,000 years and this was actually, in the 7th day of that, we moved into the National Cycle which was when written language was invented, as well as the first Nation - Egypt, and things like bronze were invented right there in that time. That's a 5125 year cycle. The Planetary Cycle which we have just moved out of, was 256 years long. This was the period of industrialism, starting in 1775 (Art: It certainly was,

yes.) and we then moved into the Galactic Cycle which started January 5, 1999 and it will be running for 12.8 years. (Art: Just 12.8 years?). Right. Now the last cycle, the Universal Cycle will last for 260 days.. (Art: laughter - that's not very long). And, that's the end of the calendar.

Art: Is that the end of us?

Ian: No, No. That's not the end of consciousness.

Art: Well, well but I know; but what about the physical end of us?

Ian: It may be?

Art: It may be the physical end of us?

Ian: It may be.. but what I want to point out here is that, each one of these cycles contains the same amount of creation in 20 times less time; the same amount of creation it took for 16.4 billion years when creation was moving very slow, is going to happen now in these 12.8 years. And the same amount of creation, the same amount of change in all of our lives, the same amount of technology increase, the same amount of understanding will increase in this last 12.8 years, will happen in the last 260 days, as well.

Art: Oh, brother, that's some cycle.

Ian: It's really tremendous.

Art: Let's take a break.

Art: I think I understand all of this. In other words, the various periods on the Mayan Calendar is increasingly shorter, and shorter and shorter periods of creation. All have within them the exact same amount of creation in a much shorter time, until we're sorta squeezed into an extremely short amount of time and then who knows what happens after that. And that's what we're going to try and find out here in a moment. What happens after that and what that means for all of us, make sense?

Art: Alright, socially we seem to be on/in a race. It's just socially we're moving faster and faster, politically faster and faster, economically faster and faster, not necessarily always up or down, but both directions I suppose in cycles.

Environmentally, we're changing, in my opinion, far too fast. There's a story on the drudge page about shark attacks on humans,

following what Lindell said yesterday, remember that? About Alaska, remember that? Now all of a sudden we are finding out that sharks are acquiring a greater taste for humans. Environmentally, we all know that things are fairly rapidly changing, and not necessarily as we perceive it for the good. Once again here is Ian Xel Lungold. Ian, so, as these periods shorten, everything, everything speeds up. (Ian: That's right, everything speeds up.). But how much more of that can we stand?

Ian: That's a good question. And, most of that information I have in detail on my web page which is www.mayanmajix.com. Now what I wanted to do very quickly give some credibility to this Mayan Calendar and what we can actually prove about a very recent period of time and how things have unfolded along the Mayan Calendar. (Art: Good go ahead and prove it.) Let's go into the stage (story?) called the Planetary consciousness, the Planetary Cycle, which is the industrialism. Since we're using telecommunications to communicate to all these people out here, let's go through the development of telecommunication as it has been measured by the Mayan Calendar. Remember I told you there are 7 different day periods, and each one of these cycles, and there are 6 nights. Well, the days are the periods of enlightenment, or breakthroughs and what we have here in the 1st day of the Planetary cycle is 1755 is when that started, the theory of the telegraph was first written in 1753, very very close. (Art: Indeed.) Twenty years later was the 2nd day of the Planetary Cycle, and then the optical telegraph was developed by Paris Will(??) in 1794. The 3rd day the electrical telegraph was invented by Morse in 1835. The 4th day Bell's telephone was invented. The 5th day the radio was invented. The 6th day the television was invented (Art: That was a bad day). The 7th day the computer network, the internet in 1992; 1993 through 1994 lit up. This is the 7th day of Planetary cycle. So, the actual technological developments have been following the Mayan Calendar without anyone knowing about it.

Art: I'm with you. How, now you do say in the fax that you sent me, that you know the exact schedule of creation including the future. Did you mean that?

Ian: Yes, in general. What it means is that there are certain purposes or certain end outcomes of each one of these sections. (Okay fine). You can take these sections and extrapolate that into the future.

Art: Well, along came the internet; what follows the internet, logically?

Ian: Telepathy.

Art: Telepathy; oh, that's a good one.

Ian: Well, if you look at it, the very first form of telepathy was cave painting on the wall; where one person was able to transpose what was in his mind to other people. (Art - In a sense, yes) and then it went into _____ (?) writing.

Art: Yes, but what kind of telepathy are you talking about?

Ian: I mean mental. (Art: You mean the real thing?)

Ian: As a matter of fact, most of the people who have been on the internet, have at one time or another experienced personally a telepathic connection with someone else that they were going to communicate with. It's rampant; there are many, many experiences.

Art: Alright, telepathy; time-wise where does telepathy come in or begin?

Ian: Well, I would imagine that's it's going to come in somewhere around 2004; that is the 4th day of this Galactic Cycle.

(Art: Wow, so we are close) We are very close.

Art: And getting closer all the time, according to your theory (Ian: yes). It kinda makes sense to me, can you go beyond; can you go to the next step?

Ian: Yes, as a matter of fact let's talk about the day 5. The 5th day, of everyone of these cycles, was a huge breakthrough for consciousness. In the Cellular cycle, during day 5 we actually had the solar system disk formed; that was 6.5 billion years ago. (Art: That was a big one.) In the Millenium cycle some 315 million years ago, there was a transition of life from sea to land. In the Anthropoid cycles some 16 million years ago, we had the advent of color vision. In the human cycle of the Tribal, some 800,000 years ago the discovery of fire; just before the Ice Age. In the Cultural Cycle some 40,000 years ago we had esthetics, art, the beginning, as I was saying before of telepathy. The Great/Greek (?) Cycle which was the National Cycle, this was the 5125 year cycle of all of written history. The 5th day of that was A.D. 40 which was when Jesus Christ walked the Earth.

Art: If man's mind is to acquire the ability to think across space and/or time, telepathy, to transmit messages from human to human in the classic form of telepathy, how would you imagine this to unfold; would it be a creation type change where newborns would begin to have this ability, would those who are living at that time begin to acquire that ability; how might it manifest itself?

Ian: Well, I think that you're right about the new children coming in having that ability, and when anyone exhibits a new trait, everyone else follows, if it's an acceptable trait, everyone else aspires to it, or accustoms themselves to it. (Or becomes very prejudice and starts killing those who have it- I'm always thinking on that side.). There is that as well. There are definitely nights in these progressions; there are days and there are nights. There are days of enlightenment and there are nights of application and adaptation.

Art: I say this because I've read some science fiction about this ability in some select people and they always end up hated and feared and for obvious reasons; I mean if somebody could read your mind, they would be a threat to you, or to many people.

Ian: To many people who don't understand the process. (Art: So when night came we could have a terrible holocaust). As a matter of fact in the 5th day of the Planetary cycle; that was 1913, some very important things happened right then; the theory of relativity, Mr. Hubble discovered our position in the Universe, not just in the galaxy. There was the finishing of the Panama Canal, a very important work of mankind all happened in the 5th day. Now the 5th night has always been a period of horrible catastrophe. Just after, just as you were saying, just after breakthrough of new enlightenment, then we enter into a period of adaptation or application and that's when you run into trouble. When you first learn to ride a bike, you are exalted, but you also have the experience of falling off (Art: That's right and you're screaming and yelling, and mom's putting stuff on your knees). Right, and some of us have used a hammer; and applied the hammer to the wrong spot, that kind of thing happens. In the Cellular cycle 5 billion years ago we had a meteor bombardment here on Earth for some 200 million years. ..

Art: What would you imagine for this upcoming dark cycle? With everything speeding up, the dark side would speed up, as well, I imagine.

Ian: Yes, some people are going to experience a lot more stress, and then go through psychological changes because of that. Some people are going to exhibit another completely opposite affect in finding more of a peace of the natural order and it depends on which way your paying attention, which way your intention goes as to what kind of experience you're going to have. In the 5th night there's always a disaster and what we have coming up on us is a 5th night. I wanted to kind of go through some of these path

cycles to give people a perspective of what's coming up.

Art: And, so what might we expect in the 5th night?

Ian: Well, here in Millennium Cycle we have pre--ic (?) extinction of 97% of all life; in the human cycle we have the _____ice age; in the Cultural Cycle we have the extinction of the neanderthals; in the National Cycle it was the collapse of Rome; in the Planetary Cycle was WWII and the development of atomic bombs. Now these were all in the 5th night. We have a 5th night that we are approaching; it will actually occur or start occurring on 11-18-2007 and this 5th night will last for 360 days. Now what we can expect in that is anything. If you think of creation as a semi-truck with a 9 speed gear box and the thing is loaded, overloaded, absolutely dead still. You begin to take off in the first gear and you go very slow, you wind up your acceleration until you reach the maximum speed in that gear, that would be the 5th day; that is the highlight of this cycle. Then what do you do, you put in the clutch, and what happens then is the momentum, the mass of that whole weight is rolling free; anything can happen (Art: And it would be at this point just conjecture on your part saying what anything would be?) In this case, anything in the 5 billion years ago was the meteor bombardment, the next would be pre--ic extinction period, so many things (Art: well according to the kind of acceleration and change you're talking about, we're gonna bump straight into a black hole or something). Well, actually what we're coming up on is an opportunity. If you look at all of these past occurrences, you will see that they are getting to be less and less of a drastic effect. World War II as bad as it was, was not the extinction of the Neanderthals, or an ice age or a meteor bombardment. Consciousness is actually learning to drive. We're not bumping into the walls as bad as we used to be. And what we have here is for the first time we know the schedule, we know what's coming up, and we have an opportunity to actually grasp the wheel and drive ourselves through this. (Art: Can we change it?) We certainly can. (Art: I mean actually change it completely, take the night and turn it into day?) Well, remember, the night is a period of application (Art: Yes, I understand.) and adaptation (Art: So you can't really change it); consciously we will have a much smoother transition; you see, World War II was a very definite intent. It was a focused intent to dominate the world. This was not necessarily a very good one, but it was definitely a focused intent. The extinction of 90% of all life was not as focused of an intent; it was a general intent. So we can see that consciousness is becoming more and more conscious, more and more in control of its own destiny and that's where we're coming up on. That's what's most important about

getting this understanding and substantiating these facts for yourself, not just believing it, not just listening to a little blurb on the radio about it, but actually really getting in there and knowing this, recognizing this pattern. Because with this recognition, we as a race, will be able to take huge steps forward in our own consciousness.

Art: Let's take a little piece of what's going on right now. I discuss it a lot. The environment. Things are really rapidly, exponentially, going downhill in so many ways with the environment at the moment. I could talk about a dozen different areas of melting ice and mammals that are beginning to eat each other, things that are changing, ozone holes and the green house effect and the warming climate; I could go on and on and on. Where is this headed? When we get to the 5th day does it get better or does it exponentially keep getting worse or what?

Ian: It really depends on where your attention is, but in general what we're looking at is more and more is happening in every given moment. That means that more and more is possible in any given moment. What has always been the case is where you put your attention and intention is what you end up with. It's always your decisions that put you in the place you are.

Art: boy got you.. so it depends on us, (Ian: It depends totally on us, and on our understanding of the situation). So you have really underlined the quickening in so many ways, its just everything is getting faster, it could go either way, it could become better, it could become much worse, but which ever way it goes, it's going to get there faster.

Ian: That's right, and with more possibilities. You see a miracle is something which is highly improbable. As more and more and more happens in every given moment, what were once called miracles are more and more probable. Like for instance, some Japanese scientists just recently accelerated particles past the speed of light; they actually received the particles before they were sent. That's a miracle!(Art: Right, it's a miracle) and we experienced in our life times. A microwave would have been a miracle to your grandmother. We're experiencing these things all around us; we see the miracles outside of ourselves easier than we see what's happening inside. But the fact is, unless our consciousness is keeping in pace with these developments, we would not even see them, let alone be able to apply the technology.

Art: Ian, I'm really looking forward to telepathy; that's going to be very interesting (Ian: and telekinesis); and telekinesis?

Ian: All of the abilities that we have imagined (Art:the ability to, for those who don't know, effect material things with your mind). That's right all of those things which we have one time supposed to be completely beyond possibility (Art: the paranormal); the paranormal, but we recognize them, we are moving very rapidly towards that consciousness. (Art: The paranormal will become the normal). Yes, now in some cases, if people don't understand what is going on, they are going to think they are going nuts, and they will. But people who have a grasp of what this is, and are actually participating in the flow, will be able to benefit greatly from it. That's the point.

Art: Oh, it's a very good one indeed; so people can learn more about this. This has been a very short interview, one hour, but I am grasping it. They can learn more at your web site: www.mayanmajix.com We will have a link, I'm sure by now up on the web site. And they can find there a means, a tool to be able to start tuning their consciousness to the actual flow of all of creation by putting your attention on the daily progression of the Mayan Calendar, you are necessarily paying attention to the flow of all of creation. All of creation is the source of all knowing and intuition. The real crux of the matter is that your mind has a speed limit that is 33 frames per second, called the flicker frequency, and the codex helps you to keep pace with creation. Let's just put it that way.

Art: Does it worry you at all that the Mayan Calendar ends?

Ian: No, because what actually happens is eventually so much is occurring in every moment, that eventually everything happens at once, which is the case in the first place, and the illusion of time and space is thereby dissolved.

Art: People have always said we have time so that everything doesn't happen at once.

Ian: And we are moving right to the crux of that matter.

Art: Gotcha. It's a pleasure having you on; I'm sure we'll do it again.

Ian: Thank you very much.

Art: Take care my friend, I'm Art Bell. This is Coast to Coast.

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