

# Light and Dark Days of Creation

There are cycles within cycles of the Mayan calendar. One of these is the oscillation from **Light** periods of Creation and **Dark** periods of Creation. A Light period is when Creation presents some new awareness, as a light being turned on. A Dark period is not some evil period but a time of rest, to reflect on what has been learned or apply what is now known. To be sure there are sometimes difficulties in applying new information but this is not necessarily due to evil but to some as yet unknown factor that is only discovered in the application.

## Months and Weeks - Light and Dark

Each Mayan month or run of 20 days is Light or Dark for the entire 20 day cycle. It alternates 20 days of Light and then 20 days of Dark. Each Mayan week or 13 days is Light or Dark for the entire 13 day cycle. It alternates 13 days Light then 13 days Dark.

## Day Sign Colors

Red and Blue Colors are Light days.

White and Yellow colors are Dark days.

Source: Daily Guide to the Mayan Sacred Calendar by Karen Majorowski