

## The Mayan Calendar The Evolution Continues

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### <Presenter>

So, without further ado, I would like to welcome Ian Lungold back from his tour of Canada with seventy lectures across the Canadian Nation, and he's back in Sedona for his second evening presentation here, and he's got some brilliant information to share with you. So, I hope you brought paper or at least a recording device or your ears. So, lend him your ears, and let's give him a warm welcome!

### <Ian Lungold>

Hello! Hi guys! The first thing I'm going to find out is how many people have already seen one of my presentations? OK, about half the room. How many people have studied something about the Mayan Calendar already? There is half. OK. So, what we are going to be doing tonight is . . . I've been doing the same talk, the same basic information of discoveries for the last three and a half years. Tonight is a time to change that. I'm going to go into talking about not so much of history, but what's currently going on right now and what is going to be coming in the future according to the Mayan Calendar. For those who haven't seen all of the basics, we are going to be going through this very, very quickly and you can get that information from my web site or from one of the DVDs or VHS tapes that are out there. But for tonight, we are just going to rip into what I think is more important to everybody and that is what do we do now? Not what did they do back then. OK?

The whole reason that I got involved in this some years ago was through jewelry. I'm not an archeologist or any kind of a scholar, I'm a jeweler. I started doing Mayan symbols with my own hands and those symbols have meanings, very strong meanings, and they started to impart themselves onto me, and I thought this was very interesting. I looked further into their culture and because of that I found out they had a calendar. Some years after I found out about the calendar, about a year and a half, I actually came up with a formula to convert the Gregorian Calendar to the Mayan Calendar and that's what's in here <Ian is holding up the "Mayan Calendar and Conversion Codex">. When this information was published it eventually made it to Sweden where Dr. Carl Calleman saw what I had done and he had been doing his own researches on the Mayan Calendar for seven years. He had been researching facts that could be proven about the Mayan Calendar. What he discovered was that there is a basic structure to the calendar and is actually written in stone in a place called Coba and what is written in stone is different periods or ethics of time and what Calleman did is he took all we have found out from our sciences about what happens when and laid it over this pattern. And Oh! La! La! What showed up is this general movement of evolution of consciousness which we're going to just go cursory through this basic information and then we will go on to fresh stuff.

### **The Mayan Calendar (See Figure 1)**

There are nine levels to the Mayan Calendar: One, Two, Three, Four, Five, Six, Seven, Eight, Nine. Where we are right now is in this eighth level. As a matter of fact, we are in the middle of this eighth level <Ian is pointing to the middle area of the Galactic cycle>. Each of these sections or different levels of evolution of consciousness are divided into equal sections of 13 periods of time. This very first section was 16.4 billion years long and is from the big bang forward. And there was a particular kind of consciousness that was being laid down step by step by stage by stage all the way across and this basic consciousness was action/reaction (A/R). All of the physical laws. I guess everybody here pretty well understands by now that

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everything is consciousness, right? Everything is consciousness. Grass, trees, rocks, this pen, all consciousness. And, this pen, as a matter of fact, is a very smart pen. It knows exactly what to do. It has a consciousness which registers what to do. Watch. *<Ian drops his pen to the floor>* It followed those laws. That's the level of this pen's consciousness, action/reaction. We all know that things are consciousness, we've proven it to ourselves. By going and washing your car, it runs better, doesn't it?

*<Audience laughs>*

*<Ian>*

Or it rains! But, things contain consciousness at different levels. Objects have this consciousness of action/reaction. Pretty simple? OK. The very next picture on this rock in Cuba shows a time period of 820 million years long, so 820 million years ago a whole other cycle started at number 1 and started going through this whole process again. This time, building a different kind of consciousness. The consciousness of stimulus/response (S/R). There is a difference between stimulus/response and action/reaction, isn't there? The major difference is that there's more consciousness in stimulus/response than there is in action/reaction. All of these laws were laid down and all of these steps and stages we taken until way over here in the very last section here this is when life showed up, the first living cell. 1.26 billion years ago and ever since then it has been going through, now, instead of action/reaction we have life animate that starts to organize into higher and higher levels of life. We end up eventually over here to the last 63.4 million years with mammals. Started out with multicellular organisms that grew into plants and then into mollusks, and fishes, and insects and birds and all the way through. By the way, in these books are very detailed information about each one of these steps and stages and how it has all come down on schedule. *<Ian is holding up a book about the Mayan Calendar>* This is not a random creation. We have free will within it, but we are on a schedule, which is wonderful as you will see in a minute. This next stage, 41 million years ago is when it started and 40 million years ago is when monkeys showed up on this planet and they were developing a different kind of consciousness and that is Stimulus/Individual Response (S/IR). Now, down here life had organized itself into things like nests and swarms and flocks and hives and herds. That's this kind of consciousness stimulus response. But, here we entered into a whole other kind of consciousness, Familial Consciousness. What's the difference between a family and a herd? The recognition of individuals. Now this is a big difference. Stimulus/Response and Stimulus/Individual Response sounds the same but it is a huge difference and you've experienced it. There are times when you have felt really good about just being yourself. And then there were other times when you felt like you were part of the herd. Like waiting in line for some big sporting event, or stuck in traffic. Check your consciousness levels when you are feeling good about yourself and when you are stuck in traffic. There is a big difference in consciousness and that whole thing, this whole level, 41 million years of it, helped us to develop better and better ways to interrelate or intercommunicate. We move up to the Tribal Cycle that started 2 million years ago. Two million years ago was when the first Australopithecus showed up, the first tailless ape called Lucy. And this whole level was about a new kind of consciousness called Similarities/Differences (S/D). This whole 2 million years here was the evolution of a tool called your mind. Down here (Mammalian), we developed the brain, up here (Familial) the brain was enlarged, but here (Tribal), we went on to develop the mind: The ability to see the similarities and differences and make decisions about things rather than just reacting.

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This is another huge step forward for all of consciousness. 102,000 years ago, we're still living in caves. But we began, here, right here (Cultural), this is when we started speaking to one another right at the very beginning of that very cycle. And this whole cycle was developing a new consciousness called Reasons, the reasons for things. Here we were able to make decisions (Tribal), but here (Cultural) we started coming up with reasons. The first people to do that ended up being called Shamans or the leaders of the tribe or the people gathered at the caves. They had all of the myths and all of the establishments of religion all came from this process right through here. All the reasons for living, in fact, a culture is a group of people who share reasons. They share the same reasons for things. All of cosmology is a list of reasons of creation. All theosophies are the same thing, so the basis of culture is shared reasons. 8,000 years ago, by the way, we came up with agriculture and mankind more or less settled down from a very nomadic life before that. In 3,115BC, we started what's called the National Cycle. This is also called the Great Cycle by the Maya and this period right here (National) is when we learned how to write. Right in here, well actually it was 3,110 that we learned to write. So, all of this down here is her story *<Ian is pointing to Cultural down>* and everything up here is his story *<Ian is pointing to National up>*. And that is very important. This is all nurturing and support (from Cultural down) and this has all been production (from National up). More and more rapid evolution. This whole line right across here *<Ian is referring to National>* for 5,000 years there's been a new kind of consciousness which has been evolved and that consciousness is called Law. And, boy, do we know there is an evolution going on, because consciousness of law has certainly gone past reason, hasn't it? It really has. Just one little simple example. There are 16 million laws on the books and you are personally responsible for knowing every single one of them. Ignorance is no defense, unless you happen to be a lawyer. They're absolved from that which is beyond reason. But, there is lots more we can go into, but that's another lecture. Planetary Consciousness started 1,755AD which happens to be the beginning of the Industrial Revolution. And this whole cycle was all about the production and consolidation of Power. Power. For the last 200 some odd years all of consciousness throughout our whole galaxy has been named the power. Have you noticed that there's a lot of power in a few hands? Have you been upset about that? I have. I have been since the 70's or the 60's, '67, '68, right in there, I have been personally very upset that most of the power sat in a very few people's hands and the rest of us are just sucking it. Until I came across this, this information and I went Oh, My Goodness! This is not my fault. This is not their fault. All of creation is doing this. The WTO, the World Trade Organization, is only a further manifestation of consciousness to consolidate power, to bring it into focus. And we've been doing that! Now, people up there in charge of this don't know they are working on behalf of consciousness. They think they want a bigger bank account. But in fact, they are, and when you go through the details of this, through all of our history here, through all of the horrible things people have done to one another and back and forth, it all turns out that they were doing things specifically on schedule. Genghis Khan, for instance, his whole adventure was to open the consciousness of East to the West. He put it together. All of that action was to just bring that about and specifically right on schedule. Galactic consciousness which started January 5, 1999, is the most recent beginning and this consciousness cycle is all about the developing and dispensing the consciousness of Ethics. Now, ethics and morals are two different things. So, I want to make sure we got that straight. Ethics come from inside your heart and shine out into the world. It's your own innate ability or consciousness of what's right and wrong. Morals, on the other hand, morals are reasons. There's a moral for why you tell a story, right? That's the reason you told the story. Morals are

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the rules or regulations that are handed down through cultures on what's appropriate or what's inappropriate in that culture. Completely different from Ethics. Morals come from outside and are laid on you, like a blanket. Ethics shines from inside you out into the world. A good example of that, or a bad example of that, is that we are, America, totally and morally justified to be over in Iraq doing everything that they're doing. They are morally justified, but they don't have an ethical stick to stand on. There's a big difference between the two. What this whole consciousness cycle is about is Ethics. That coming forward in each person. Ethics and integrity are the issue of the day. Aren't they? I don't mean just in corporations and in nations and in religions, but even in your own lives and in your own relationships. It's coming down to integrity and ethics. That's because consciousness, which is everything, is moving in that direction. We see what looks like a whole lot of trouble in the world, don't we? Don't we? OK, I know you don't want to look anymore than I do at what's going on out there. It looks ugly. But, specifically what's going on is a wrestling match between the consciousness of Ethics and the consciousness of Power. In each one of these levels, the new consciousness coming in has dominated the old consciousness on the 4<sup>th</sup> Day. During and just after the 4<sup>th</sup> Day of every one of these cycles the new consciousness dominates the old. Where we are right now is the beginning, right here on the 4<sup>th</sup> Day. We're right at that pivot point. It looks like this: Here is all of the consciousness up to Power *<Ian is holding a book in his left hand>* sitting right there and here comes the consciousness of Ethics *<Ian is holding a book in his right hand>*, and it comes like this, and it looms over Power, and it gets to the middle point and it goes thud, like that *<now the book in his right hand is sitting on top of the book in his left hand>*. And we have the historical record that it happened again, and again, and again, every time on the 4<sup>th</sup> Day. And here we are again. The last time we were in a 4<sup>th</sup> Day was 1873 to 1893 and that's when Power overcame Law. It's happened actually in a court decision that corporations were granted all of the rights of individuals. And at the same time all of you wonderful natural born individuals were assigned corporate status. That's your name in all capital letters. All of you guys are starting to learn a lot more about that, I know. Power overcame Law. Corporate rule overcame government by the people for the people. Not in just this country, but everywhere. Notice, you can't have Ethics unless you have some Power first. If you are running for your life Ethics is one of the last considerations you are going to have. But, when you can at least hold your own ground then you can start establishing your personal integrity and presenting Ethics. Consciousness had to provide the Power first, before the finer tuning or steering to come into effect of Ethics, and that's what we're in right now. Now, there is another cycle, the last cycle of this Mayan Calendar. It's called the Universal Consciousness cycle. It begins February 10, 2011, and this whole consciousness cycle is Conscious Co-Creation. Conscious Co-Creation. That's what this evolution has been all about. It's us re-joining creation as knowing creators. We've had a lapse of our memory for whatever reason, whatever. I think it's all been a part of an elaborate and entertaining game, myself. One that's taken quite a few million years if not a billion years to work our way up and out of the whole problem. This Conscious Co-Creation is why we're here. I mean it's obvious that we're co-creating this experience, isn't it? If you weren't here, ma'am, this event wouldn't be happening. It'd be different. So we are co-creating this experience. If I wasn't here, this wouldn't be happening at all. So, we are co-creating and we have been doing that with everyone in every situation all of our lives. Just not as consciously as we could we wished.

*<Audience member>*

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I have a question.

<Ian>

Sure!

<Audience member>

If we are in Day 4 of Ethics, how long of a time span is that?

<Ian>

Good! Over here on this side, the blue numbers, what that describes is how long one of these days or nights are. There's seven days to each of these levels of creations and six nights. But, one of these days on this first level was 1.26 billion years long. Things were moving really slow. But, the very next one was 64.3 million years long. In other words, 20 times shorter. Same amount of change, same amount of evolution, but 20 times faster. And the very next cycle, 20 times faster again, and again, and again, and again. We have an explanation or an example of how this consciousness affects our lives. For instance, we were all born right in around here somewhere in this cycle (Planetary Cycle, 5<sup>th</sup> Day). Things were changing, one of these days or nights, every 19.7 years. All of us were born to some very nice people who raised us up the best they could until we got to be 11 to 16, somewhere in there, and we started noticing something about these people who claimed to be our parents. There was something, no matter how politely you went about this, or not, there was something obviously missing in these folks.

<Audience member>

Our true relationship became apparent.

<Ian>

Oh yeah! Very apparent! Although how we could have evolved from that was a mystery. These guys, your parents, became kind of obvious they were slow. Not quite able to pick up information as quickly as you could and apply it to positive solutions. Well, that difference was called the generation gap. The generation gap was 20 years long, by study. So, what we have here is the difference between your view point and your parents' view point is the difference between this and that <Ian points to a day and a night>. No matter how long it took to change, that's how much change there was in consciousness. Now, the same amount of change that was happening every 20 years is now happening every 360 days! Does it look to you like time is speeding up? OK, now we know for sure, it's not. Creation is speeding up. There's more happening in less time and that's been the pattern for 16 billion years, now. More and more and more is happening in every moment than ever was available before in any civilization anywhere, everywhere. When more is possible to happen, in every moment, there are more possible outcomes which open the door to things called miracles. Things that weren't possible to happen that quickly are now possible, like cell phones for instance. You want to call France? You can do it on the corner. That was completely impossible here, 1999. That was not possible. So, we are going to see more and more acceleration and more and more coming to be possible and more and more opportunities and that's mostly what we are going to be talking about tonight. That, and ethics and integrity. We have certain tools in our possession. We don't have to buy anything, you don't have to study anything, you don't have to meditate, you don't have to do nothing, except just participate consciously in more possibility. That's all we need to do. I could

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run through this a little bit, but I think I'm not going to do that tonight, the developments that happened. The 5<sup>th</sup> Day and 5<sup>th</sup> Night are big events in each one of these cycles. We are coming up on another 5<sup>th</sup> Day right out here <Ian is pointing to the Galactic Cycle>. Maybe we'll talk about it toward the end.

<Audience member>

I was going to say, can you just pick a couple that were the most problem?

<Ian>

I'll pick some that are . . . Oh why not! Here we go! During the 5<sup>th</sup> Day, the 5<sup>th</sup> Day is when things really get going in any one of these cycles, the first one (Cellular) was the development of our solar system. The second one (Mammalian) was when life moved out of the water onto land, during the 5<sup>th</sup> Day. During this period of time (Familial) color vision occurred. During this time (Tribal) man discovered fire, during that 5<sup>th</sup> Day. During this 5<sup>th</sup> Day (Cultural) art. In this 5<sup>th</sup> Day (National) is when Jesus' message was going out all over the planet. Then here, in the last 5<sup>th</sup> Day (Planetary) 1913 to 1932, is  $E=MC^2$  and also Mr. Hubble discovered that we lived in an infinite universe. So, we got the blue print of our reality with the theory of relativity and we got the idea that we live in an infinite universe where everything is possible. Big opening for consciousness. During the nights, remember there are all kinds of stuff going on, but what happened here (Cellular) were 250 million years of meteor bombardment on the planet; all of the left over junk from the solar systems slamming into the planets and moons. The moon still has all of its scars. Here on the 5<sup>th</sup> Night (Mammalian) 97% of all life was wiped out in the Perm Jurassic extinction period. Here (Familial) we don't know exactly what happened, don't have enough data, yet. But, here (Tribal) 680,000 years ago, we had the ice age. Good thing we had fire, huh!

<Audience member>

Fire and ice!

<Ian>

I'm telling you, when you get deep into the detail of this, you are going to see very, very plainly that consciousness has been provided exactly the tools that were needed to go to the next step <Ian is holding up the book "The Mayan Calendar and the Transformation of Consciousness">. So, all of the worrying and fretting about what might happen, really shouldn't be going on. We have the proof that consciousness has a plan and we are all a part of it. Then we went from art (Cultural) 32,000 years ago, Neanderthal went extinct during that 5<sup>th</sup> Night. They just couldn't keep pace. In fact, basically, art is imagination and these guys didn't have any. Here (National) was Christ's message, very upsetting, so upsetting that 415 years later, Rome fell. They didn't fall because the swords went dull or the spears drooped. It went down because consciousness changed. It's happening again. We are watching it happen again, consciousness changing right over the top of the government. So, here in the Ethics period, in the 5<sup>th</sup> Day, what we should be seeing are the neighbors. We should be meeting our Galactic Neighbors in and about then, plus all kinds of wonderful technologies. 1873 to 1893 (Planetary) by the way, which was the 4<sup>th</sup> Day of this cycle, was when Nikola Tesla developed free energy. That was when he was doing all of his work. Power squashed his researches. But, here we are full circle, back again. So, during this period of time, by November this year is the end of this 4<sup>th</sup> Day, there will be to

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consciousness, exposure of the fact of free energy. Talk about a change on Power. We're going to see a big shift, and that's challenging enough in itself. We've got this descending time order here <Figure 1, right side, blue text>. Right now, things have changed every 360 days there's a step in the evolution. But, here, every 20 days (Conscious Co-Creation), there will be the same amount of change or shift as there is in a year now. Now, this is presenting a real problem to the mind. Remember as we went along we developed this mind over this 2 million year period and see the similarities and differences between things. It has a speed limit, 24 thoughts per second. That's as fast as your mind can process anything. 24 frames per second, that's how movies work, and special effects and all that. So as more and more information is piled in on this mind, it can process less and less of it.

Understand? This causes stress on the whole system. It is part of our evolution; I mean it's built right in. If you are not sure about something your body starts to get tense and stressful so you relieve that situation and go to some place that is more comfortable. It's very natural, well we aren't living so naturally. We've kind of got to where we started to adapt to stress and having big physical problems and mental lapses and even now there's things like, well, there is fight or flight syndrome which is road rage and desk rage and spousal abuse and Columbine High School and terrorism is all of the fight or flight syndrome. And then the mind has a plan, too, if that doesn't happen or handle it then the mind just goes unconscious, or it pretends not to see. And that is what we see a lot around us, don't we? People into all sorts of distractions to keep them unconscious of what's going on in their lives. So, the mind is having a problem, and as long as mankind is associated with his mind or believing what his mind tells him, then he's going to have some problems. On the other hand, there is a whole other system that we came here with and you were born with. It's called your Intuition.

### **Intuition (See Figure 2)**

It's pretty obvious that everybody is going to go out of their mind pretty soon; because things are going to keep on accelerating, and what you thought you were going to do 15 minutes ago you can't do now because blah, blah, blah. The mind's just going to go Whoo! Whoo! Whoo! Boom! Your intuition doesn't have any speed limit. It doesn't have any speed. Your intuition is your own connection to your inner knowing, your own personal knowing, which is part of all that can be known. It's sort of like this. Here's you, or your consciousness, let's not even count your body right now, so here's your consciousness, right here. Your consciousness is sort of like this; your consciousness is always oriented by Time and Place. Time and Place. As a matter of fact, it's happening right now. Some time ago, you heard about this talk so you decided you'd come to this Time and Place. And, you made all of the decisions and all of the actions to make that happen. Congratulations and Welcome! Here we are, in this moment of Time and Place. Now, this we call 3D, but 3D is an emanation from up here, we are going to call this 5<sup>th</sup> Dimensional up here, 5D. This little star over here is all potential. Everything that could possibly happen, infinity and all that, and from that point, we can call it a point, is this flow, like this. This is a flow of event and what we do is we receive this 5<sup>th</sup> Dimensional potential comes out through the 4<sup>th</sup> Dimension into the 3<sup>rd</sup>. Got it? Like a step down. It comes out of all what could happen through time and comes into manifestation at this Time and Place. Have you ever noticed that your intuition is pretty much always right? Have you?

<Audience member>

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Oh, yeah!

*<Ian>*

Have you noticed it's more right than your mind? Remember your 2<sup>nd</sup> grade teacher or your 3<sup>rd</sup> grade teacher told you that when taking a test always use your first answer, because your second one is going to be wrong? That second answer came from your mind, people. The first answer came from your intuition. So, your intuition is right a whole lot of the time. Why would that be? It's just possible when you're in your intuition, when you are centered in this Time and Place and you're in your intuition, doesn't it feel like you're on the track or in the zone? There is a name for that. Athletes call it The Zone. When you're in that zone it just feels natural and I just know the right thing to do. You're centered.

When you are there, it's just possible that that's the staging for actually creating your future. Well, it would handily explain why your intuition was so right, wouldn't it? If you're creating your next moment, and we're going to look at how that might just be the fact, we see these in consecutive moments but it's actually all a flow or happening at the same time. This is creation's flow, right here. Creation's Flow and what you do with your consciousness or what can be done with your consciousness is you can tune to this flow. Have you ever heard of the word entrainment? Entrainment, it's a scientific term for something that scientists can't really explain. It's how mechanical things and certainly life organisms go into syncopation together. If you put two machines right next to each other, they will start to operate similarly. Two clocks, two cuckoo clocks on the wall or a whole line of them, you can get them all ticking and tocking at different times and in a week they will all be ticking and tocking at the same time. That's called entrainment. Things getting into alignment. It's a very natural phenomenon. Well, this Mayan Calendar *<Ian is holding up the Mayan Calendar and Conversion Codex>* was never a calendar. Never. It was always a meter. A meter of what? Creation *<Ian is referring to Figure I>*. This day by day by day, has been keeping track of the flow, the rate and the intent of creation. As a simple law, I think there's one law in the universe, one law, and everything else comes from that. **What you pay attention to, you become conscious of.** You can't break that rule. Once you've paid attention to something, now you're conscious of it. Don't think of a pink elephant, that kind of thing. So, the whole purpose of this Mayan Calendar and for the whole civilization and us today, is to, if you're paying attention day by day to the flow of creation, then what do you become conscious of? The flow of creation. And the flow of creation contains all that can be known including your intuition. Does that make sense? If that's too simple, I'm not even sorry!

*<Audience laughs>*

*<Ian>*

The truth is always simple isn't it? It's those lies that get really complicated. So, intuition is going to be our lifeline through the coming situations. You're not going to have time to sit down and think your way through all of the circumstances that we are going to be presented with. You're just going to have to just do it. Nike had it right. In fact, I've got to meet their advertising guy. If anybody knows him, I want to know, because they have a new advertising slogan now. I don't know if you've seen the new Nike commercial. It says "You're faster than you think."

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<Audience laughs>

<Ian>

This guy's been watching my talks, I guess, I don't know! The whole purpose of the Mayan Calendar is to engage your intuition. Now, we've got these <Ian is holding up the Mayan Calendar and Conversion codex>, right back on the table and we'll have them for sale, too. We sell them for \$20 and they're the Mayan Calendar that will, you go through and pick the month and day on the Gregorian calendar and the Gregorian year. You add those two numbers together, and you come up with, through the formula, what day it is on the Mayan Calendar. Today, by the way, is 5 Star. 5 is the energy or intention of empowerment and centering and Star is the energy of abundance in all things. Like a star, it just gives and gives and gives. That's what today's about. The empowerment of abundance. So, that's what today, let's just say this is today, that's what's on the roster, on the menu for today for creation. Tomorrow, will be 6 Offering. And then it will go on each with a difference meaning. But, the whole purpose of the calendar is to, like I said, to entrain your consciousness to allow or open to your intuition. Now, there is a way that we address 3D and that is from our Time and Place we pay Attention to what's in front of us, to what's actually there. You might have a hard time doing this, because your mind doesn't even exist in the present. It only exists either in the past or the future. Do you notice that? When you are really here and you know exactly what you are doing, you're not thinking about nothing, are you? You're just doing it. Then, when you're not so into what you are doing, your mind is like off and running. Into the future and into the past into what may be and what could have been and what should have ... ooohh! We know too well, that. But, how you address 3D is by paying attention to the Time and Place of where you are at. Then, we develop an intent, an intention. An intention is a focus of your attention. An intention. What is it that you desire in the next moment? This is where you are getting set up, now, the better attention you're paying, the stronger your intention. Have you ever tried to play Frisbee with somebody who didn't want to play?

<Audience laughs>

<Ian>

Yeah? You know! They were not paying attention to what you wanted to do, were they? So you threw them the Frisbee and they get it, and "Oh, well, OK." They go pick it up, and they just flip it. Well, they didn't have a very strong intention because they didn't really want to pay attention to what was going on right then. It's the same with paying your bills and all kinds of other things. Then, once you get the intention, then we have this one right here which is really important. Integrity. Integrity. We address the physical universe with our own personal integrity. You say you're going to do something, you do it. Don't you. That's your integrity. You paid attention; you got an intention, now it's time to use your integrity to bring it about. Without integrity, it doesn't happen. Then, we have this down here, Intuition. Your Intuition. Knowing the right thing to do at the right time. How many people in this room have been in an automobile accident or some sort of an accident that could have taken your life? OK, how many people saw time slow down? Mmmm! Were you paying attention during those moments? You were doing nothing but paying attention, right? Did you have an intention? Ohhh, yeah! We're going to make it through this one with all of our parts! Did you have integrity? I don't see any

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missing parts! And intuition. Now, when you were in that moment, you were solidly in your intuition, weren't you? You knew exactly what to either do or not do to get through that, didn't you?

<Audience member>

It didn't happen with the mind.

<Ian>

It didn't happen with the mind. I mean after it was all over with, after you survived and everything, all of the pieces were picked up, then is when your mind went "What could have happened?" That's when the shock set in, when your mind touched you.

<Audience member>

Post-Traumatic Stress Syndrome

<Ian>

Post Traumatic Stress, that's right. In the moment you were in your intuition, this is the kind of thing that we're going to be moving further and further into as we evolve consciousness, because events are going to be happening more and more like that automobile accident. All of a sudden, out of nowhere, everything happened and quick. And it's going to be your own trust of you knowing what to do that will get you through it. If you stop to think about it, I'm sorry. There's more detail about that later. So, intuition is going to be the key. In fact, I think we know that already. That's what we've been doing all of our lives. How many people have been in this for 20 years or more? OK. I'll bet everybody in here has read a stack of books at least this high, right? <Ian is showing a height of about 6 feet with his right hand>. And what were they all about? Every bit of it was about your intuition, wasn't it? This way or that way to get your intuition in gear and keep it there. Well, now it's not just a study or a just a practice. Now, it's going to have to be applied. We're all creators, but the thing that we want to create most is peace of mind.

### **Peace of Mind (See Figure 3)**

Isn't it? I mean, I think that's the most useful thing to have is peace of mind, a stable base that you can then operate from. A calm knowing. Certainty. Great! Peace of mind, well, at least half of those books were about peace of mind, weren't they? Peace of mind seems to come and go! I kind of boiled it down a little bit on where or why it goes. I thought that was really important to know. And what it came to was any time something happened in my life that I didn't intend, my peace of mind could leave. Whether it was something exciting and surprising or something deeply depressing or infuriating, it was those times that I was knocked off and my mind took over. There went the intuition, there went the peace of mind, because something happened that I didn't intend. Like, losing somebody's phone number or my wallet. I didn't intend that, right? So, how do you build peace of mind and how do you get it back every time? Well, here, let's look. Peace of mind only happens when you're Centered. Yes or No? When you are centered, I'm going to put Centeredness here. Centeredness is the criteria. You've got to be centered to have peace of mind. Good advice, but how do you get centered? Where does that come from? Centeredness comes from Certainty. When you're certain about stuff, then you're centered. Has anybody taken dance lessons? Two Step or Tango or Cha Cha? Any of

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that? OK! When you first started taking those lessons, did you have peace of mind? NO! Were you centered? NO! Not unless it was my right foot over my left. Centeredness, certainty, well, no, there wasn't any. Not until you had recognized the patterns associated with the dance did you get certainty. And then, some centeredness, balance and peace of mind out on the dance floor. Same thing happened when you learned how to tie your shoes. Same thing happened when you were first learning how to drive, or operate a computer, or do math. Every single thing you've ever done has gone through this. When you recognized the patterns, then you became certain, then you became centered, then you could have peace of mind about that. So, the task then is that every time something happens that disturbs your peace of mind, immediately look for the pattern. Wow! Is there a pattern here? I found one right away every time I looked. First of all, when I got upset, I would say "Is there a pattern here?" Yeah. I would get upset before. I've had this experience before. It may be over something different, but I've had the same feelings, the same reactions as before. There's a pattern, and right away, immediately, I got more certain. I got certain I was upset rather than just being upset. Do you know the difference? When you're just ranting and raving and screaming and blah, blah blah, or you just sit there and you go "Wow, I'm upset." Big difference, isn't it? The more you recognize the pattern, the more certainty you get, the more centeredness, the more you can do about the situation. Like I said, these are tools we've already got. We don't have to go buy anything; you don't have to read another book. We don't have the time to read a book, we've got phones to answer *<a cell phone is ringing in the audience>*. Does that make sense to you guys?

*<Audience>*

Yeah!

*<Ian>*

OK! Now, what is going on in our civilization is that once you recognize the pattern, that's all great, then we do this, we Repeat The Pattern. Repeating the pattern is kind of comfortable, you know? It's familiar. We repeat the pattern, and then we repeat the pattern again. Now, this is not only done on our part but it's done by our societies. We repeat the pattern and repeat it, and repeat it, and repeat it, and repeat it, and repeat it, and . . . Do you know what happens when you do that? Hypnotism.

*<Audience member>*

This is without recognizing that there's a pattern?

*<Ian>*

This is, yeah, like for instance, I've been driving around Canada and U.S., too, and I've noticed that I could drive into any city and pretty much know within 10, 15 minutes where stuff was, because they're all set up the same. The zoning laws, you know. Well, all of the industries are going over here on this side, out of town. All of the major shopping is going to be right over in here somewhere, and then when you get to the shopping center it's a MacDonald's and a Wendy's and a Burger King next to a Home Depot which is next to a Radio Shack, and boom, boom, boom like a pattern, like a formula. Do you understand how many formulas and patterns we have, that we're living in? It's pattern, pattern, pattern, pattern, repeated, repeated, repeated from when you first started going to school. Or even before that with television. Repeated, repeated, repeated, repeated, more and more and more which lays in hypnotism. Now how do

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you break out of that? How do you break out of a hypnotic state? You do something different! That's how you do it! You make a novel thought or action is how you do it and you wake right up out of this. Like on vacations? How many people have taken vacations? Pretty much everybody. Ok, did you feel different? Did you feel more alive? You know, like food tasted better. Why was that? Because you were spending more money? No! It's because you were doing something different! Now, the camera's on me and not on anybody else, how many people in this room have driven to their place of work or home and then as you're sitting there you realize you don't remember driving home or to work? That's hypnotism! OK? We are going to take just a short break for the tape and then we'll be right back to this. Just like three minutes, just long enough to get that tape.

### **Peace of Mind, continues**

OK, now just before the break we were talking about hypnotism, and this hypnotism is being done on purpose to the whole world population. Do you understand that Kings of Babylonia very well understood the whole principle of hypnotism? So, Kings and Rulers have had some 5,000 years to practice on how to hypnotize people and why would they want them to be hypnotized? Because, when a person is hypnotized they are Being Created. Up at the top, see, we are creating *<Ian is pointing to Creating Peace of Mind>*, but down here we are Being Created *<Ian is pointing to Being Created>*. Created as what? Well, created as Christians or Catholics or Americans or Russians or Britney Spears wanna-be's or Howard Hughes wanna-be's. Being created into consumers, being created into identities that can be then steered and that's basically what's been going on in our civilization. You know, I was up in Canada and I asked people about vacations. In Canada, people take at least three weeks a year vacation.

*<Audience member>*

In France they take three months.

*<Ian>*

Three months, you're right. Have you seen the commercial on television just recently? There's this good looking corporate guy sitting there and he says "Thanks, your time is our money." Thanks to you, less than 25% of Americans take vacations. On average, the working stiff takes six days a year. Other than that, it's nose to the grind stone doing the same thing over and over and over again purposefully hypnotizing people. I've been out there and the rest of the world has some pretty dismal ideas about you Americans. I say you Americans because I'm not one anymore. Thank goodness! I can show you how to do that, too. But, these guys think that you're blithering idiots. They think that Americans are just stupid. We're not stupid, we're hypnotized. That's why we can't see the nose on our face, that's why most of the people that could do something different about it aren't standing up to Bush and Cheney and Rumsfeld and all of that because of the hypnotism.

*<Audience member>*

It's not just Americans.

*<Ian>*

It's not just Americans, but I'm talking to you guys right now. This system has been going on everywhere. In nature, this doesn't happen. In nature you have to handle different stuff

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happening all of the time, because nature doesn't run on a regular schedule. It doesn't do things in a repetitive, repetitive, repetitive manner. Constantly throws you curves. Now, you guys have heard as above, so below, right?

### **As Above, So Below (see Figure 4a)**

Do you believe it? Well then, don't you know that also means so below, as above? It ain't a one way street. So there are certain physical principals we can look at that then translate into higher aspects like this for instance. This is my best attempt at a gyroscope. A gyroscope is a balanced mass around an acknowledged center. Now here's a balanced mass, the whole enchilada around a center. Now each of us has a center and that center is your intuition. Are you good with that? Your intuition is your center. Now, the way a gyroscope works is you move it, the faster you move it the more change you introduce to this balanced mass the more stable the whole thing gets. This is wonderful! We have a constant acceleration of change as our future *<Ian is referring to Figure 1>*. Everything is going to be changing faster, and faster, and faster. What that means is that as long as you are centered you are going to be getting more and more stable. It's already happening. More and more people are learning that their intuition is the tool to use to survive. They're getting more certain about that. Have you heard about the elephants in the Tsunami? Right? All of the animals made it out of there. Their intuition brought them along. Did you hear about the stories about the Midwest? They just had 500 tornadoes this last year and there were lots and lots of stories of miracle survivors and it was always, the bottom line, the same word and the same story was intuition or just knowing what to do or what not to do. This is getting more and more public that intuition is the way through. And as more and more and more changes in your consciousness of 3D, this is conscious-ness over here of your experience in 3D, the faster and faster it changes the more and more you're noticing, so, more and more stable or centered you become. Now, that's how it would naturally go. What happens if you did this? Let's take a chunk out of the integrity of this gyroscope.

### **As Above, So Below (see Figure 4b)**

Now we are getting a look at what's going on and why it seems so difficult. You take a chunk out of this and now let's spin it and see what happens. It's going to break this axle right off. Without the integrity, this centering doesn't occur. Do you know some people who don't believe in their intuition? Don't even think it's there? Do you know those people very good? Because, I'll be you if you look into their lives there's going to be some integrity issues. What happens, is as soon as you step out of your own integrity your mind steps in with all the reasons that you're not in your integrity. All of the excuses, and it just keeps coming, 24 per second. When I'm talking about personal integrity I mean following your heart. That's your integrity, following your heart. And people have all sorts of reasons for not doing that don't they? And the people with the most reasons have the less trust in their intuition. Have you seen that? They don't believe it's there, they don't trust that it's there, because the mind has stepped in between them and their intuition. I know people who are working at jobs and know the job is killing them and their relationships and they keep going, because they have to pay the bills. See, there are two brands of integrity. There are two brands, which is personal integrity which is wholeness and then there's institutional integrity. Institutional integrity or power integrity is 'can you keep a secret'. That's their integrity. Can you hold a secret? If you can, you are an honorable man and if you can't you're not going to go any higher. That's just the way that works. Power has had its own brand of integrity buy, it hasn't been a wholeness. There have been secrets; there have been

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holes in this Balanced Mass. What we are seeing now as things speed up as circumstances come faster and faster we're seeing corporations, relationships of all kinds flying apart for the lack of integrity. That's what's coming forward, like I said before, integrity and ethics are the issue and it's going to become more and more so from here forward. Now, there is no thing to do about this. There's no doing here. There's not really any having here either. There is being, and that's where we're headed back. Back to being, and I wanted to show you this next chart, here, about how we manifest ourselves into new states of being or new states of having-ness and doing. And it's a regular formula that we can follow.

### **Foundations of Majix (see Figure 5)**

I'm going to do this again and we're going to do a little bit more detail to it. Attention. These are the foundations of manifestation in the 3<sup>rd</sup> dimension. First of all, Attention. Showing up, registering, witnessing, what's going on. It's not easy to do this. Have you ever sat down in front of somebody, even somebody you like and try to pay attention and look them in the eyes and have them look back at you? Five minutes into it your eyes feel like they are going to burn out of your head. All you want to do is pay attention. Sometimes things hurt and it's hard to pay attention during that. Sometimes things feel really, really good and people back off from that experience. They are blown away, and they stop paying attention. They disconnect like pulling an appliance out of the wall. You have to be paying attention. And having an intent, an intention of what you will be in the future. This is your intention, you setting yourself up to be, to exist, in a future moment with certain circumstances. When you're paying close attention to what is actually going on and you have an intention, you're set up to being able to create or manifest your future. It's like this, you are walking through the garden and you're paying attention to the ground and where the steps are and where the holes might be. This way you can make your way through the garden. If you are not paying attention to where you're walking, you're walking on the plants, which are not part of your intention, do you see? It's just that 'on your face'. Attention first, intention. Integrity is the gatekeeper. If you don't have personal integrity, then you're not going to be able to touch or contact your intuition which is your connection to source and there, your ability to manifest goes right out the window. Attention – Intention – Integrity – Intuition. Integrity, like I said before, is failsafe for being able to manifest what it is that you desire, or what it is that can . . . When I'm saying 'what you desire' to this group, because we all desire to evolve and help each other evolve, we know that, this whole working, this whole Foundations of Majix, is not so much for us and what we specifically want, like two Jaguars or a yacht or anything like that, it's about manifesting the next steps in our evolution. What is it going to take for us to continue to go higher and higher in our abilities and be more and more responsible? And it takes these steps and stages. It's not only about stuff. Understand? It's about states of being. How do you manifest higher and higher states of being, paying attention, with an intention in integrity so you're connected to source. All of us, we have been doing in order to have. Since you were a little kid, what are you going to do when you grow up, right? Here we are, we've been doing stuff in order to have things. And it's got to where now we have to do stuff; you have to do it just to keep yourself going. The thing we missed out completely or most of society has is the being part. Be – Do – Have. Now we are just working it the other way around. Now we have these tools, you have these tools. You can Do the paying of Attention, the setting of an Intention, working on your Integrity being forthright and honest even if it's just admitting mistakes, and then connecting to your Intuition. That's what makes it happen. This is going to be played out. Integrity means sustainability. A system

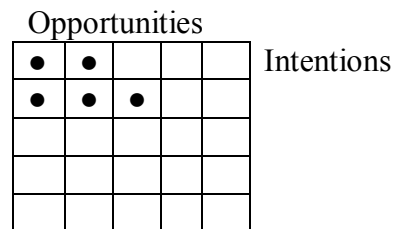
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that has integrity will last, it will go on. A system that doesn't have integrity, falls apart, it quits. I've had cars like that! I bought them with, you know, they had good integrity, but then I drove them for awhile and I didn't pay that much attention to that noise. I intended to fix it sometime or other, but it started, you know, the car started, so I would drive it to the store and you keep doing that and eventually, Wham! It broke; what a surprise! The integrity had deteriorated to where it just wasn't going to do it. Of course, then, my intuition goes out the window. I was very upset! How could this happen to me?

<*Audience and Ian are laughing!*>

Anyway, it's just not following this formula, that's all it was. I did that to relationships, too. Didn't pay enough attention! You've seen it happen. We are going to be doing this on a faster and faster and faster basis. In other words, it used to be that there were only so much happening in a certain period of time and there were only so many intentions in a certain period of time. So, many opportunities, or openings, and so many intentions.



So each one of these <*Ian is referring to the black dots*> is like a coincidence: a coincidence of intent and opportunity. What we're seeing now, though, is this rapid, rapid acceleration here of more intentions and more . . . this looks like sheets of Braille or thread count . . . so what we have are lots and lots more synchronicities and coincidences, have you noticed? You send out an intention and Bam! It meets an opportunity right away. So, this whole thing is going to be working faster and faster and faster and if you send out an intention, it's going to come right back. It's going to manifest right there, which is part of this stability here <*Ian is showing Figure 4a*>. As you see it working quicker and quicker and quicker, you are going to become more and more certain, more and more stable about the fact that you can manifest your own reality, and if you are, then you can get better and better at it. This is the steering wheel more or less of these four little things right here <*the four little things Ian is referring to are Attention-Intention-Integrity-Intuition*>. Are there questions about that? Anybody got any questions about this?

<*Audience member*>

What does 'being the future' mean?

<*Ian*>

Being the future, well, you're being in the present or what we consider the present, although everything is happening all at the same time, the future, the past. Out of all the potentiality of what could happen in the next few moments, what's the most likely thing to happen? What you intend. This is the way it has been your whole entire life. From your first breath, you have intended your next one, haven't you? You know that we breathe 21,600 times a day, so there are

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21,600 intentions that showed up in your life everyday. Nobody looks like they are starving; everybody has intended to eat a meal a day at least, right? What most shows up in your life is what you intend and that's true for everybody. Up until, and maybe even including, when you die. So, what we're saying is that faster and faster what you intend is going to show up and more and more exactly what you intend. This trend is already going on. This whole deal of life is picking what you want to pay attention to, right? You pick what you want to pay attention to. Well, 200 years ago there were a certain amount of things you could pay attention to. Now, there's not just natural things to pay attention to, there's all of the media; all of the different kinds of media you pay attention to. You've got more and more choice of more and more fine tuned intention of what you want to pay attention to. And it's going to continue and continue. So we have just a vista of more and more and more possibility and the only thing that would hold you back from being able to participate fully in all of this is your integrity. When your integrity goes out then you're not paying attention to the present moment; you can't really have an intention from that point and you're disconnected from source. So ethics and integrity are the absolute truth.

### **Foundations of Majix, continued (see Figure 5)**

*<Presenter>*

... of our presentation from Ian Lungold on the Mayan Calendar. Let's welcome Ian back!

*<Ian>*

It's quite wonderful that you have this center made available to all of us. Thank you very much! During the break we had a couple of questions and I was going to have those people ask their questions again on tape, so one of the questions was from over here. And the question again was?

*<Audience member>*

Where did the Mayan people get the information from to begin with?

*<Ian>*

OK. Where did the Mayan people get this information to begin with? Well, we don't precisely know. Their own legends are really all we know about it. In their legends they say a person or a God by the name of Itzamna came down to the Mayan people and delivered information about language, writing, mathematics and the calendar. So they received this information as a gift. Where Itzamna came from and where he went, we don't really know. And frankly, it's none of our business where they got it. It's much more important what we do with the information now. They have sacrificed generations to hold this information. While the Catholics and the Jesuits and the corporate powers that be have pummeled the Mayan civilization, while there are books that have been destroyed by the Catholic Church; they held this information as best they could. There are 8 million Maya still living in Central America. A very low percentage of them with any knowledge of their own culture. A very small percentage actually still follow the calendar and follow traditional ways. Yeah, it's been quite a journey for them, but they have held this information and passed it forward to us. We've added to their information with all the science we have now and it's come more full circle and we're now receiving back the information, some of it, that the Maya had probably accumulated, but it was burned by the Catholics. And there was another question of, I believe the question was, "How much room did it take on the stone at Coba to present all of this information?" There is a huge stone, the calendar stone is what we

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call it, and it's in the Grotto of Kings and the stone stands probably 12 feet high. It's covered with glyphs and one side of that 12 foot high monument is a bunch of Mayan writing, and all the writing that's on it, all that's there, is just the periods of time *<Ian is referring to Figure 1>*. How long was this period of time, how long was that period of time, how long was this period of time? In other words, the structure. What Calleman had done is filled in with scientific knowledge what happened during those stages. And what showed up was that a pattern had certain kinds of things happen on certain kinds of days or nights over and over and over again. The pattern became unmistakably clear that we are on a schedule. And the schedule is leading, or all this development is leading, to conscious co-creation of our very experience of absolutely everything that we experience. We were talking before the break a lot about integrity and I thought it would be important to explain what integrity is. Integrity, simplest put, is following your heart. What do you really wish to do? And what are you not that interested in doing? If you're doing that, you're being integral to yourself. "To thine own self be true" is your personal integrity. Sometimes, you want to do things for other people. You want to do things for other people, because you see how it's going to eventually help you, even if it disadvantages you right now you know its going to be better, so, doing that will be following or participating in your integrity. It's going to be different. What one person's integrity is, is going to be totally different to another person. If you're not matching up to your own expectations on your integrity, that's where you're really in trouble. Nobody can tell you what is your integrity and what isn't. Only you can do that. But having that in your consciousness, understanding the importance of it makes it a lot easier to follow, because you can feel when you're not following it now. The next thing I want to talk about is the Cube of Can't.

### **Cube of Can't (see Figure 6)**

This is my own demonstration or example of the current state of consciousness on planet earth. Sort of like an ice cube. A cube, a mental block of what can't happen. There are certain things that just can't happen in this world. Things like seeing other dimensions. That can't happen, that's not real, it doesn't exist, to this block. Some 90% of the world's population believes that there's a lot that can't happen. These people are in here like molecules of water all frozen like this 'They feel pretty good; They feel safe anyway, because they know that this guy can't move either' *<Ian is standing very stiffly>*. And that's the way they want it! They want no motion, no change. In fact, if there's any change let's go back to the 50's and 60's, right? No motion, no change, in other words, no evolution. Then there are people like us and here we are way out here on the edge. You freaks! You fringes! We're way out here and we can detect that there's more possible, that things are possible. In here *<Ian is pointing the group of dots inside the cube>*, telepathy is impossible, telekinesis is impossible; being in two places at once is not possible, bi-locating is not possible, none of that is possible in here. Meanwhile, in creation, more and more and more are becoming possible. We've now teleported light, did you know that? We've actually teleported electrons. In fact, last year in Denmark, they were teleporting whole atoms with the push of a button. Boom! Boom! Teleportation is all of a sudden happening. Telepathy, well, we've all experienced it, haven't we? And more and more of it. It's just getting to be more and more a way of how our consciousness operates in our intuition. So, there's action happening here. This frozen block is going to get transformed and the way you transform a frozen block's stuck-ness is with heat. If you put some heat on this and what's going to happen is that consciousness is going to start changing like this, it'll get a little drippy, and eventually you end up with a whole other state of being called water. I don't know about you, but my reality,

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recently, has been in flux, sort of like water. It hasn't been so firm and fixed as it used to be. As a matter of fact, I've been doing these talks for three and a half years now, and something I've noticed just recently, as a matter of fact, noticed since June 8, 2004, is that for years I was talking to groups that were 80% women; 80%. I didn't mind! But since June 8, the percentage of men has skyrocketed to 50% or more. Check it out! *<Ian is referring to the audience and the number of men in the room>* What happened on June 8? The Venus Transit.

*<Audience member>*  
It opened a portal?

*<Ian>*

It opened a portal. It shifted consciousness and I've been able to see it manifest. There's been at least an extra 30% men showed up at all my talks since then. Consciousness is definitely shifting. We want to get this melted; we want to get it changed. We've got to come up with some heat. Heat comes from force; we've got to find a force. Let's see, where do we get a force? How about 16.4 billion years of constantly accelerating change. There's a force! OK. So we've got a force. Heat comes from force against resistance. Check it out! *<Ian slaps his hands together and briskly rubs them together>* Ahhhh! Heat! Force against resistance builds heat, in other words, guys, we should be extremely happy for all the people putting up resistance to this evolution, because they are providing the heat to change or shift our consciousness. We have every reason to celebrate Bush and Cheney and everything they're doing. They are creating this heat that is melting this and creating . . . This is uh, I'm going to pick on the guys again, but look, guys, haven't you been having emotions that you just aren't supposed to have, in the past? If you're going to be a guy, you're not going to have these until just recently as more and more of this transition happens. We're not anywhere near the end of the Mayan Calendar, here, we're just in the middle of this last cycle, so there's still more force to come, isn't there? More of that force is going to play out and there is going to be more resistance. This resistance isn't going to come from the outside world. Right now, what we're doing here in this particular, in this whole beginning of this *<Ian is referring to Figure 1, Galactic Cycle/Ethics>* is that acceleration is happening, is all this resistance in the physical world or in people's minds and their political aspirations and economic ideas of who they are, there's all this resistance. We're here on the 4<sup>th</sup> Day now, and we're headed for this 5<sup>th</sup> Night. The 5<sup>th</sup> Night as we were talking about earlier, there's lots of bad things that happen. In general, it got to be more and more specific bad things and less general bad things like 250 million years of meteor bombardment throughout the whole solar system is pretty general. Then we get up here to the Ice Age and there were only certain continents and then we get up here and Rome fell, one area of the planet. And here, WWII happened. Well, WWII is bad, but it sure isn't 250 million years of meteor bombardment. In other words, this whole creation thing has been getting more and more controlled or structured. Sort of like when you were learning how to ride a bike. At first, you didn't have any experience and no momentum. Later, as you got more experience and more momentum, you had better control. And so consciousness is getting better and better and more defined and more defined and more specific kinds of change even for bad stuff and less and less general. We've got a 5<sup>th</sup> Night coming up. What's that 5<sup>th</sup> Night going to be about? This, right here *<Ian is pointing the Figure 6, Force and Resistance>*. We need, or we're going to have, more heat, because this force is going to keep on coming and there's this resistance which comes from ourselves. This resistance is the resistance to the knowledge that we are God. That resistance is going to cause

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all kinds of heat. What happens when you heat water? Does that look like ascension to you? You've got to understand that a block of ice cannot pass through things that water can pass through. And steam can pass through where water would never dream of going. So, as far as understanding or our ability to interact with the universe the more and more refined the particles are of our consciousness the more and more we can permeate understanding. So, it's very, very much like physical characteristics (as above, so below). Our consciousness is following the same path. This happens very, very specific thing that happens during this coming up 5<sup>th</sup> Night. Not world destruction, we're over that, we're past that. Do you understand? We're past that part. Consciousness is not going to tear up the planet when it's got conscious co-creation in mind.

*<Ian is referring to Figure 1>* We've already went through all this stuff down here. You can see how it's getting less and less and less and less. Yeah, there might be some earth changes. There might be a flush of a few million people, but it's not the end of everything and it's only the beginning of something far, far greater. Now, that's what's on track. The systems that we have are like this. That's the way it is, and that's the way it's going to be. You're in debt, you will go to work, and you will pay your bills. That's changing. First of all, you're not in debt! It doesn't exist! It's manufactured just like automobiles and toothbrushes. Debt was built, was engineered. Do you want to know how real debt is? There's a biomass on this planet. That's all that's living and breathing. That's leaves and grass and insects and bugs and all that, right? And then there's us, and we are .001% of all that biomass. So, how real is debt? I don't know, let's go ask a bear, how much to you owe? Or a whale, how much do you owe? It just doesn't exist. Go ask some indigenous person, how much do you owe? "Owe to whom?" "Well, didn't someone bring you a rabbit last night for your pie?" "Yeah, they do that every week or so, but then we deliver snake meat for them, or whenever we have extra of this we take it to them." There's no debt there in those societies. We've been the ones. Yeah?

*<Audience member>*

I may sound naïve, but I don't see bears and whales and insects buying products and having to pay rent and cars, etc, so I'm having a hard time not seeing how that might have incurred some debt in our need base, so called need base.

*<Ian>*

OK. Whales have to work to live. They have to actually swim and catch plankton and stuff.

*<Audience member>*

I thought they were having a whale of a good time!

*<Ian>*

I'm sure they are! But, they have to actually expend energy to produce product for themselves to live on. It's no different than what we're doing. We're just doing a more variety of products, of activities. None of that, actually, is about debt. All those products are created from natural resources that were there, right? They were already there, they were provided. So, the whole idea of commerce, of having to buy something in itself is manufacturing. It's been built over the last four thousand years, this system. Merchant law, then contract law, common law, British law, which is our law. And, come to find out, this system was built specifically to fail over and over again, and then one big final failure. And when you look at the schedule you can actually see it all through this whole period right here *<Ian is referring to Figure 1, Planetary Cycle, Power>*.

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This system periodically every 20 years collapses and it's in the book, by the way. The connection between the economy and consciousness is like this. Every one of the nights, the economy turns down, during the days it goes up. It's fantastic! Yes?

<*Audience member*>

When is the 5<sup>th</sup> Night?

<*Ian*>

The 5<sup>th</sup> Night. That is in 2008; 2005 is the 4<sup>th</sup> Day, pretty much, until November; 2006 is the 4<sup>th</sup> Night. This is when free energy will probably come online. During the nights is when you get applied to what you learned during the days. Then, we go into the 5<sup>th</sup> Day, which was a wide open, expansive time period, that is 2007, and then 2008 will be the 5<sup>th</sup> Night.

<*Audience member*>

Ian, when do you think the banking system is going to collapse?

<*Ian*>

Right around April 12.

<*Audience member*>

Of 2008?

<*Ian*>

No. This year

<*Audience member*>

I thought you said March.

<*Ian*>

I did say March. What's happening in March is there is a meeting in Europe.

<*Audience member*>

That gives me a whole 30 days to work!

<*Ian*>

Yeah. You'll see this coming and it's not going to happen all at once. You asked me when is it coming down. It's coming down now, people, now! Have you ever seen the glacier faces falling off into the water? Have you ever seen pictures of that in movies and stuff? And it looks like it's in slow motion, doesn't it? It's not. That was real time photo. The reason it looks so slow is because it's so big. Think about it, how big is the world economy? It is coming down now! We're watching it.

<*Audience member*>

So what do you suggest we do to prepare?

<*Ian*>

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Get into your intuition. And we're going to talk about that more, too.

<Audience member>

Buy gold?

<Ian>

Buy gold, I don't know. I was saying that earlier myself. Buy gold, and then no. I don't think so. I don't think so.

<Audience member>

What about credit card debt?

<Ian>

Credit card debt. Well that, number one, doesn't exist. First of all, these credit card guys, right, where did they get all the money? There is no money! There's no money! There's a specific reason why there's no money, we can go into it at the top, but there's no money. So you never got anything from those people. Everything's already paid for. There is no debt. They just put themselves in the middle, as a middle man, and propped themselves up with laws and guns to try to force people to pay things. It's just not true. I'm not going to give you all the details because we would be here for hours, but on my web page which is [mayanmajix.com](http://mayanmajix.com) you can go and read about this. We have it up online. It's all there. Please avail yourself of the information. It's what you know that gets you through. Now, as far as what to do to prepare, start allowing everything. Allow everything to happen. Bad, good, indifferent, allow it to happen. Don't be part of the resistance. We don't need to resist anything. There are plenty of people volunteered to do that for us. We don't need to resist anything. Our whole task is to allow, to allow more to become possible, to allow anything to happen. When you've done that, when you're allowing that, then this point right here <Ian is referring to Figure 2, the center point under 3D> is very allowing. That's where you are most allowing. Just letting it happen. You're not trying to force anything to happen. You are witnessing it and allowing it to occur. That's when you're in you're intuition and that's what our task is to allow things that are mind, things that are bad to happen for the better of all. This is going to be quite a test and especially watching other people go through this, because you can handle yourself OK, but watching other people freak out is really a drag, isn't it? Being too near them can be really a drag. So, that's why we come out with this information, especially the first tape, it's established the fact that this acceleration is going on. We sell the video tapes for \$25, but we sell them at a very special copyright, and that is copy it right, and give it away to every person you think would watch it. It's the only way we can get this out there fast enough. So, please avail yourself of that, if you can. We've got a lot to allow. There's not so much to do. There's hardly any time to do it in, anyway. Just let this process run out. If you know how to grow carrots, get to it! Because, when the system comes down, it's hard to tell what's exactly going to happen, because we've got this going on. We've got the system going down and consciousness going up. So, as things go to pieces, other solutions are going to appear. You've heard of community dollars? It's an economic system where you donate part of your day to the community and it gets chalked up on your account and doctors make the same as cooks or housekeepers. It's all by the hour, it's not structured by this person's time is worth more than that person's time. Those structures already exist and it's quite workable, and something like that would be what takes the place of what we've got going on

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right now. Community dollars or community hours. There are whole companies selling right now, providing programs for cities to set this up so that everybody's got an account. So the economy is going to change quite a bit.

<*Audience member*>

Explain the Eighth Division Sky Place.

<*Ian*>

The definition of this, by the way this symbol, is a Mayan symbol <*Ian is referring to Figure 2 and the symbol that appears in bold*> Actually, they had two different orientations of their consciousness. We just have Time and Place, but they have two other orientations to their consciousness. One was their personal intent, why they were here on earth. That comes from your birthday. This right here <*Ian is holding up the Mayan Calendar and Conversion Codex*> the day you were born sets the intent for your lifetime. And here, is just the divine plan or the whole idea that there is a pattern and when you actually draw this it goes like this and forms an eight sided or eight pointed figure called the Eighth Division Sky Place. Have you ever seen that symbol? In Tibet they have that symbol and in Egypt they have that symbol. And the Greek have this symbol. Eighth Division Sky Place. This is heaven. That's the word or the idea of heaven in the Maya. This is the symbol for heaven, and you've been there. You've been there, because there are times in your life when you knew exactly what you intended to do and you felt connected to something far, far greater than yourself, and it felt great, didn't it? Heavenly, as a matter of fact. That's where we're all headed. That whole evolution of consciousness is headed to this state of being. And what we can offer right now is a way to get in alignment with that and just keeping track of what creation is doing everyday. Does that answer that question about heaven, about that? So, we've got this transformation going on <*Ian is referring to Figure 6*>. We've got an opportunity coming up here in the 5<sup>th</sup> Night to resolve all the limitations we had set upon ourselves the mind has been convinced that exists and we're going to blow right through that with lots and lots of help on the way. Nobody's expected to become enlightened this evening, nobody. This is a process. You don't get to be 55 the day after you were 15. It just doesn't happen. So we're going to be unfolding this whole way and this is how we are going to do it.

### **Order of Emotional State (see Figure 7)**

There's nothing that you have to do about this. Nothing that you have to do that's already being in your consciousness and that is a level or order of your emotional state. This already exists. It goes from Ecstasy, Enthusiasm, Interest, Conservatism, Boredom, Antagonism, Pain, Anger, Covert Hostility (sarcasm), Fear, Sympathy, Grief, Propitiation (please don't hurt me), Apathy, and Death. That's the order that our emotions go up and down. Sometimes it goes really fast and sometimes people get stuck in one or another. But what is really basic about this is that in each of these levels, there's more and more personal choice of what you're going to do about your current situation. The higher your emotional state the more choices are open to you. The lower your emotional state the less choices of what you're going to do or how you're going to be. Does that make sense? Does that fit your reality? And enthusiasm, man, you can't even count all of the choices of what you can do. In interest, well, it's a little bit more focused and you've got lots of choices, though. And conservatism, you're doing just great. The only choice you don't have is to be interested, because if you get interested you're not in conservatism

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anymore. But you go on down, boredom, antagonism, pain. In pain, you've got less choice here about what you're going to do or how you're going to be, because you've got that emotion going on. Now anger, there's even less choice. By the time we get down here to propitiation, 'please don't hurt me', you don't have much choice left of what you're going to do. It's what you're being made to do according to your emotional state. And apathy, there's only a couple of choices you've got here, to care or not or to die or not. You've got two choices. And in death you've only got one choice, to stay dead or not. There is a famous guy, at least one, this guy J.C. who supposedly made that choice not to stay dead. At least he shows us there's a choice. But, you know what, as we come forward, as more and more choices become available in general everywhere, then you've got more and more choices about each one of these emotions or from that position. Who in here knows somebody who died and was brought back medically? Hey, there's another choice down here, ain't there? There's more opportunity. It's not just once you stop breathing that's it. Now there's more opportunity. The same thing with all of these. We're going to have a little break, but I'm going to go into how we apply this in choosing more and more exactly of our own emotional state. Right after our short break.

### **Order of Emotional State, continued (see Figure 7)**

OK! We're back! What we were talking about last is the emotional tone scale or the emotional vibratory scale and the order in which emotions go up and down and the fact that in the higher emotions you have more choice and in the lower emotions you have less choice. The whole idea is to get more and more and more choice of our own actions. As a matter of fact, the word evolution, I have a special definition for the word evolution and that is more choices of how to go about surviving. If you're just one single cell, and you don't have any cilia to move, you don't have many choices of how you're going to go about things. But, you end up with someone like us with trillions of cells, some of them are specifically dedicated, we have lots more choices, we're higher evolved, there's more ways for us to survive, and it's been a whole wonderful process. But, what's happening now for the first time in our human experience is we're getting more and more choice available. In fact, so much we can start to choose the emotion we're in. This is key, absolutely key. Have you ever heard of the Hatfields and the McCoys? These people for generations had the same hate. It didn't change, right? It's an American story but it goes all the way back in history. People had a hard time changing their outlook or their emotional state about things. How many people in here have been angry one moment and laughing at yourself the next? How long did it take for you to change emotions? Zero! OK? Even your mind caught on to the fact a 24<sup>th</sup> of a second later, you can instantly change your emotion. Now obviously you had some data available and then you got new data and you made a choice, didn't you? You made a choice to stay angry about some misinformation or accept this new information. Hallelujah! You're happy! You made a choice and that choice happened, Bam! right then. There is an escape door out of your mind, make a choice, that's the door. See, your mind's only got one occupation, providing you with alternatives: this or that or that or this. And if you do this, then this or this, or that or that can happen. That's what it does. It presents all these different options. Your job is to make a choice. When you make a choice, the mind is out of a job for a little while. This morning, at breakfast, what am I going to have? Well, I don't know. I'm still thinking about it. But, then I made a choice. Once I made a choice, no more thinking about it. It was just on to new business and when the eggs came, I made them. When you make a choice your mind is unplugged until it starts making considerations about what you chose. Now, the trick is to choose for your mind to make those considerations. Have you ever

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sat and just watched your thoughts, and they drift by and they drift this way? What happened when you did that? When you paid attention to your mind? I'll bet you had a better opportunity to just choose. When you are paying attention to the situation in your mind, then you have more options to choose. You can choose to be in that emotion. When you choose to be in that emotion, you're automatically not in it anymore. It's like being in the outhouse. If you can't see the outhouse, it's because you're in it. But, if you can see the outhouse you know you're not in it. Have you ever seen yourself as angry and you go "I'm so angry!" Could you stay angry very easy after that? Probably not. Once you've acknowledged the fact that you were angry, you weren't so angry anymore. You are now in pain. *<Ian is pointing to Pain on Figure 7>* I'm so angry Suzy didn't show up. That hurt me. And as soon as you say that hurt me, you get antagonistic about it *<Ian is pointing to Antagonism on Figure 7>*. "I just won't call her for the next two months! That's what I'll do!" And as soon as you state that, it's boring as hell! *<Ian is pointing to Boredom on Figure 7>* and that's the way it works! As soon as you notice and choose your emotional state you're automatically popped up to the next one. This is actually a tool you can use with other people. It's great in counseling. It really is. It's magic. But it takes training to work with other people with this, because you can never evaluate for somebody else what emotion they're in. Can't do that, because it throws down . . . You come into somebody who's all enthusiastic and you say "You're pretty enthusiastic, aren't you?" And this person is probably going to get antagonistic back at you, "What do you mean I'm enthusiastic? What's wrong with that?" It brings it down. You don't want to do that. But you can sure work with this information without any training on yourself, and the main thing is choose to be in the emotion you're in. If you're in Grief, if you're choosing something, choose to be in that emotion and what will happen is that you'll start feeling sorry for yourself or those people around that you can see lost, and once you get to acknowledge the Sympathy then automatically you're afraid of what might happen next. It's magic, people. It really, really works. Just that way and every time, and as we go forward there's 20 shifts or 20 more choices for every 13 stages that we go through. That means for every shift you get 1.3 more changes available in every kind of way. 1.3 new changes or new opportunities show up in everything including your ability to choose your own emotions. Where as before people were not so able to face up to the fact that they were angry or painful or antagonistic, now it's much more easy to do that. Things are changing faster and faster and faster. You don't have to stay in that one emotion. You can have volition of what emotion you're going to be in. I'd say, if there's any redemption or salvation, is this! There's nothing outside of you that's doing it. You are going to have more and more options about all of your experiencing including which emotion you're going to be in. That is, as long as you're paying attention with an intention and your integrity tied into your intuition. In my first talk, I had this reversed. In the past, there were very few things happening at once *<Ian is referring to the fourth circle on Figure 7>* and then in the present there are even more stuff happening at once *<Ian is pointing to the third circle>* and now in the future there's going to be even more *<Ian is pointing to the second circle>* and even more *<Ian is pointing to the first circle>* possible in every moment, more opportunities, more different points of view that you can assume. That's exactly what's going on here. So, people who are stuck in Death or Apathy or Grief, as we go forward with this have more and more opportunity to rise toward Enthusiasm or Ecstasy which is this ascension. There is nothing strange about it and there's nothing you have to study about it, no leaders to follow, nothing. Just taking advantage of more and more opportunities in every kind of way. That's the path that we're on. Are there any questions?

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<Audience member>

Did the Mayans know something about after death?

<Ian>

After death?

<Audience member>

What happens after death?

<Ian>

Yes, they have a cosmology that covers after death. Actually, they have a time flow pattern where there is a star, Orion's Belt. Orion's Belt is in line between the center of our galaxy earth and Orion's Belt out, and the Mayan cosmology says that the spirit enters from outside the galaxy from Orion's Belt comes in through Earth as a stopping point and then when a person passes on, he goes on into the center of the galaxy, or black hole, and is regurgitated. That's been the life cycle. This whole evolution is leading past and out that life cycle. No one in this room ever has to die, ever. Medical technology right now has brought us up to where the life cycle of a man is about 45 years old. Now it's up to 75 to 80. We've almost doubled our life span in the last few years. That means we've got twice as many choices to make in a lifetime, doesn't it? More opportunity. As we go forward here, when we get over into here, the 4<sup>th</sup> Day, right here, <Ian is referring to Figure 1> 4<sup>th</sup> Night we get free energy; 5<sup>th</sup> Day is the biggest blowout of consciousness in every one of these, so things like telepathy, levitation, free energy, all that will be readily available to all of us. Genetic therapy is racing away. They are now doing gene therapy and wondering how are they going to control the Olympic athlete. Because now Olympic athletes can take gene therapy to grow bigger muscles and there's no way to test it. No way, and it's all done through gene therapy. So, how old do you want to be?

<Audience is laughing!>

<Ian>

Yeah! 33 to 35.

<Audience member>

Or just stopping it there.

<Ian>

Or just going back to it. There's also time travel that's coming right up. We've already time traveled electrons. They've stopped light and when you stop light it increases the mass of the cortical which actually bends space time and they've actually teleported electrons now. So, we know it's possible. We don't know what happened to the electron but we know we did it. Once time travel shows up, what day is it really? The mind is going to have a hard time with this stuff, it really will. Your intuition will be fine. The mind is going to get tweaked. We have just so much change and opportunity in front of us we've got to wear shades, the future is so bright and don't let anything or any worries about what might happen get in your way. All that's addressing your mind. You see, your mind evolved for one purpose, really, and that is to look for danger. That's what its job was to look for danger, anything dangerous we've got to know

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what it is and all about it. And once all the danger has past then we can get down to food and shelter and maybe some sex, but the mind is first looking for danger, which is why bad news sells, because the mind is looking first for whatever might be dangerous. Yes?

<*Audience member*>

Ian, so then in the 4<sup>th</sup> Day or 4<sup>th</sup> Night does that mean the end of all economic slavery?

<*Ian*>

Yes! Yes, it does mean absolute end of economic slavery. You know a lot of people have lost their jobs, right? But, they got to find out something doing that. They found out that they weren't their job. A lot of people think that they are their position, that they are their responsibilities, that they are their aspirations. And all of a sudden those aren't there and that person learned a huge lesson and they got freed up from being stuck in that one thing. Yes?

<*Audience member*>

How do you think the shift into Ethics is going to affect global diseases such as Aids that was created by those in power?

<*Ian*>

What's actually coming out about the Aids thing is that different people are susceptible to different degrees to it. Number one criteria for a person to get Aids is a person who doesn't think highly of themselves irregardless of their activities. What's more the basis of it is how a person feels about themselves. That is going to be your integrity and has everything to do with how you feel about yourself. If you're not in integrity, then you're not going to feel good about yourself and that opens the door to all sorts of things, and number one on the list is of diseases is of course Aids, but it opens the door to everything negative, and I think that this whole process is an acceleration of it. Does that answer that question?

<*Audience member*>

Yes, it's like your consciousness is what attracts or repels those kinds of things.

<*Ian*>

We're all creating our own experience. Every single one of us, nothing excluded or no excuses, we're making it all as we go. Sometimes we're creating things we're not conscious that we're creating to a large degree. People create a circumstance for themselves they didn't know they did. As this evolution continues, and especially as ethics and integrity become the focal point of your consciousness, you won't be able to create bad experiences. It just won't happen. You wouldn't do it. You wouldn't have somebody over for dinner and cut them up and cook them. You wouldn't do it! That was a consciousness back here, you know? <*Ian is pointing to Cultural cycle on Figure 1*> That was actually acceptable behavior back here, cannibalism. It's just not anymore because of this evolution. The whole idea of having power over somebody else is going to be as abhorrent as having them over for dinner and cooking them! Just wouldn't happen. There is nothing that we have to do to each other or ourselves. There is nothing we have do to about this except be aware of it, pay attention, get your intent together, keep your integrity intact and ride your intuition. It doesn't cost anything to do that. You don't have to follow my words or anybody else's about how it gets done. Yes?

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*<Audience member>*

OK. So, within the process you said allow everything to happen, good or bad. The thing about keeping our integrity is there has to be resistance to keeping your integrity . . . I'm trying to keep my integrity so I don't want to support the WT or the FTAA because that causes a lot of suffering, a lot of pollution, a lot of things that I don't want to support. Do you see what I'm saying? So, within the ways of keeping our integrity, and that's making our decisions of what we want to support and create and have open to us what we want to focus on, there has to be resistance. There has to be resistance.

*<Ian>*

I don't want to walk that way. I don't want to, I really don't. What kind of resistance am I experiencing? None! I'm just walking my own way. I'm not resisting, you know? I'm just going my own way. You don't have to go and shop at Wal-Mart. You can allow anybody else to. There's a big crux right here. You've heard of judgment day? We're in judgment day, but there's two ways we can go through this. We can go and have judgments or we can be discerning. Do you know the difference between discernment and judgment? If you're judging, it's because you're not able to allow something to go on. If you are using discernment you can allow, but now choose to participate. You can allow that to go on, you just choose not to participate. You don't resist it, you just do something different. That's discernment. Judgment is, you can't do that, you're guilty and we're going to make you pay for it.

*<Audience member>*

Sounds like Uganda and India.

*<Ian>*

Yeah! Right! Non-violence. Yes, sir.

*<Audience member>*

I was just thinking about her question and what she is trying to say is . . . if you're opposed to something or you see something going on that you should just turn the other cheek and allow it to be . . . ?

*<Ian>*

Yeah!

*<Audience member>*

. . . instead of trying to do something about it?

*<Ian>*

Exactly! Exactly what I'm saying! Exactly! We don't have to put up the resistance. There are going to be millions and millions of people willing to lay their lives down on the line to resist what's coming. They'll go ahead and do that, allow them to do that. They're creating their own experience. You're not responsible for that.

*<Audience member>*

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So, if you take that to the extreme it's almost like saying if you see a guy about to fall off a cliff you shouldn't help him?

<Ian>

Can you? Could you? No, I don't see that. If a person wants to jump off a cliff, I'll let them jump. But, if they're falling, I think I would try to help them.

<Audience member>

So, what she's talking about there are innocent victims . . .

<Ian>

No, there is not! There is not an innocent victim anywhere! There are no victims, anywhere! There are only people who create themselves as victims. We're only creators. We just only create, and we create those circumstances. There are people in Iraq, right now, suffering greatly. Why? Because they didn't choose to leave, or they chose to go there. We didn't. That's the difference. We're human, they're human, but they chose, we didn't. All those people who went into the military, think they were going to go defend democracy or stay out of jail. Some of them were doing that, or get a college pension. That's why they went. They made the choice and they created that circumstance. It's the same with everyone of us everywhere. Sorry, but there are no victims, and there certainly are no innocent victims.

<Audience member>

Well, OK. I'm just trying to get to the crux of this philosophy. My question after that is, OK, but there are no human innocent victims, so let's take the slaughter that happens to the animals in the oceans, the dolphins, the whales. OK? So you're saying that there's no point or reason for resisting that for going up and trying to stop it from happening? There's no point in it?

<Ian>

No. No point at all. First of all, there has been a lot of change in the universe on this planet. What we've experienced in the flora and fauna on this planet right now is 1% of what has been here and gone extinct. 99% of everything that has been created on this planet as life form has already gone extinct. So what's new? It's happening faster, that's all. Does that help?

<Audience member>

Does that solidify what he's saying?

<Audience member>

Well, I think that you're right; we only have control over what we do. That's the reality of it. But, I think that I learn from people who talk about these things. I learn from people who go and do these things and go and try and make an effort to make things right. I learn in my own life and I think that's very valuable. And that the actions of those people trying to keep things healthy really does a lot. It's like throwing a pebble in the pond and that ripple going out, and out, and out.

<Ian>

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Sharing what you know is your duty. All of the ancestors have past forward what they knew including your DNA. That's our knowledge on this consciousness of stimulus response *<Ian is referring to Figure 1>* your DNA is a knowledge, a library, a base that's past forward. What you know is extremely important to pass on, but that doesn't mean you have to resist what other people are doing or participate in. Does that clarify that a little bit more? That's why I'm here. If I didn't care, I wouldn't be traipsing all over talking about what I know for not my benefit, well, yeah, I don't want to be alone in this. I'd like to have lots of people to share it with and grow from that. Yes?

*<Audience member>*

Ian, I think an example of what you are trying to share would be like a company that's unethical and takes advantage of other people and people get upset about it, but instead of protesting or marching in front of that company's building everyday, someone might choose to start a new company that does have ethics and does care about. . .

*<Ian>*

Yeah!

*<Audience member>*

A trend

*<Ian>*

The key is our intention, and our intention flows from our attention, that's the way it works. So if we focus our attention on the negative then . . .

*<Audience member>*

You get drawn right into it.

*<Ian>*

Yeah!

*<Audience member>*

But, it goes back to integrity, too, because like, if you feel really strong about something and in your heart you feel like you should participate in doing something to expose that company I think you should go right ahead and do that.

*<Ian>*

What you know is important to share. What you know. Doing active resistance against things is not going to be healthy at all.

*<Audience member>* (I cannot understand what was said.)

*<Ian>*

We don't have to do the resistance. There are lots of people who will do that. Lots! The people who are going to go through this are people who are open to allow everything to happen and don't resist anything.

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<*Audience member*>

What happens to everybody else?

<*Ian*>

What happens to everybody else?

<*Audience member*>

Yeah, at the end of this.

<*Ian*>

Well, that's a real good question. I'm not completely qualified to answer, because I haven't been on the other side of all this. But I do know what I can see around me and that is that there are in a plant, for instance, there are certain parts of a plant that go on to propagate more plants, the seeds, and the seeds are the pieces of that plant that decided to be seeds. Some other plant decided to be a leaf or a root or a stalk. That's where they felt they fit in that part of that plant's consciousness. What happens to all of the other parts, like the stalk and the roots and the leaves? It gets to be mulch! It's very useful. It goes in and builds the ground and supports other seeds for other cycles. We're not the first ones to go through this. This is 16 billion years <*Ian is referring to Figure 1*>. The time is mental, doesn't even exist. There were other people who went through this whole cycle before us, other consciousness. Now we call them angels because they're not limited to physical. They already went through this graduation ceremony, and we're coming up on it. Not everyone makes it through it in one time.

<*Audience member*>

So is the difference between becoming cosmic manure so to speak, and actually ascending to the next level? Is the difference contained in the retention of the sense of self? A sense of awareness?

<*Ian*>

Yeah.

<*Audience member*>

The energy is recombined into the energy of the universe and then your resistance just becomes the collective energy of the consciousness, but if you ascend beyond that you maintain your individuality within the creative . . . ?

<*Ian*>

I'm not qualified to answer your question. I would hope so.

<*Audience member*>

So, that's the difference.

<*Ian*>

How much can you allow? Because when it comes down to it how much can you allow in your own experience of your experience? How much can you allow yourself to create your own

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experience? Allow! Allow! Allow! Allow! Remember, we're all doing this. Collectively, we are creating this situation, but we are putting our own two cents in. It's our investment. We are paying attention, that's our investment. And the more you can just allow things to occur and not resist then the more you can be in your intuition so the more you can be in that flow and things just show up the way you intend them. There are a couple more questions? There's a question.

<Audience member>

I, personally, am psyched about being in this era . . .

<Ian>

Yeah!

<Audience member>

Really psyched! And my question is the Galactic period that we're in now; does that mean we'll see more of our Galactic neighbors?

<Ian>

Oh yeah! By the time we get all the way over here, we'll have a consciousness that expands this entire galaxy.

<Audience member>

This year?

<Ian>

Well, no. This is 2010 <Ian is pointing to the end of the Ethics period and the beginning of the Conscious Co-Creation period on Figure 1> This actually begins in 2010, then this cycle starts February 10, 2011, and runs for 260 days.

<Audience member>

So, we have to wait that long?

<Ian>

You think you're waiting?

<Audience member>

On what's she's saying perhaps it would be good to talk about June 1<sup>st</sup>.

<Ian>

Yeah. Well, June 1<sup>st</sup> is, remember this demonstration we did earlier? Here's all power sitting here <Ian is holding a book in his right hand> and here comes the consciousness of Ethics <Ian is holding another book in his left hand> and it's looming, don't you think? It's looming over power. They are not ready to turn around, yet. Meanwhile, we have. We can see it, but they can't. This is June 1<sup>st</sup>, boom. <Ian moves the book in his left hand so the book falls onto the book he holds in his right hand> June 1<sup>st</sup> is the absolute middle point of this whole cycle and it comes down just like a 2 x 4, boom!, and then ethics keeps going, just bulldozing all this power

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over consciousness right out of the way. It's going to be traumatic for some people and exalting for everyone else

<**Audience member**>

Separation is what you are talking about.

<**Ian**>

Boy, the cleaving, oh yeah.

<**Audience member**>

June 1<sup>st</sup>?

<**Ian**>

June 1<sup>st</sup> is when that boom happens.

<**Audience member**>

There are people who hold to the conspiracy theories and new world order and all this kind of stuff and I think what I'm seeing happening is that as people become more and more aware of it, it's harder and harder for people that are trying to pull it off, pull it off. . .

<**Ian**>

Yes!

<**Audience member**>

The Ethics is what's going to crush that whole thing?

<**Ian**>

It certainly will. These guys have a diabolical plan. I'm just going to tell you right out, they want 80% of you dead. 80% is the plan. Chem Trails, soy, aspartame, fluoride, Coca-Cola and all that. They've got a plot and a plan. They want to get rid of 80% of the people. On the other hand, creation has a much grander plan and no big disasters in mind. So these guys have a problem. They've got all these plans. I've had millions of plans and about that many of them <*Ian is holding his fingers to show a very small amount*> have turned out the way I thought they would, so what makes these guys any better?

<**Audience member**>

It's that old saying, 99% of everything you were afraid of, didn't happen.

<**Ian**>

Right! So these guys have horrible draconian plans. That's all they can see now. They've got to cover their tracks, you understand? They've got to get rid of everybody who would consider them not in a line so they're just racing away and they don't care if they get caught in all the stuff they are doing. They don't even care. Actually they kind of want to get caught, because that would make people angry and want to kill each other.

<**Audience member**>

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And they want the prestige of everybody knowing that they did it.

<Ian>

Yeah! Diabolic beasts. You are going to see stuff that is going to be a test to allow. You really are!

<Audience member>

So do you suppose June 1<sup>st</sup> is going to be more of an exposure to media?

<Ian>

It already is.

<Audience member>

Jail time and all that?

<Ian>

The media has already changed track. Do you guys watch the news? I know, I understand, but you see, I'm supposed to watch the news. Don't watch the talking heads. Read the crawl at the bottom and you will get a wonderful education. It's uplifting. Now that you know this, you kind of know what to look for and you can see all of this stuff popping up like the word ethics. Count how many times the word ethics shows up in one day. I mean it's just all over the place. With all these investigations and this and that and the exposures and the whistle blowers that are coming out. Yeah, it's tremendous. Yes, ma'am?

<Audience member>

Soy, just to back you up for a minute. I know you have opinions about many things, but what's the diabolical plan to do with soy?

<Ian>

Well, soy turns out to be a carcinogen and the chemicals that it produces in your body turns out to be a brain poison. Soy.

<Audience member>

Non-GMO?

<Ian>

Oh yeah. As organic as it can get. The plant itself is a brain poison. On our web page under the health section, there are 3,500 articles on our web page that are categorized, and under the health section there's a whole exposé on soy and the marketing machine that builds it as a health product.

<Audience member>

What about whey?

<Ian>

Whey seems to be fine. Yeah, fine.

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<*Audience member*>

Crop circles. Do you have any information about that?

<*Ian*>

I don't know exactly, but I know it's a communication and that's life. I mean, what life doesn't communicate, and so some form of life is producing these as communication. I think it's a ramp up sort of like in the beginning I was doing the Mayan symbols, and I would sculpt them, and I was getting all these messages, well crop circles are a great way for interaction of extraterrestrials. Very ethical, because nobody has to look, nobody's hurt. The crops actually grow better next season. There's nothing damaged. It's a very, very soft touch. What happens when people see them is they get an impression from them and whatever the impression, it's talking to their intuition. Yes?

<*Audience member*>

I didn't understand in the beginning with the words next to the timeline. I have two questions. Were those words put in there from patterns that people have seen in history or were those words enscripted on the rock?

<*Ian*>

From what we've seen in history.

<*Audience member*>

OK. So what happens when this calendar is finished, I imagine that's the 20 day cycle and when that's all done, then what?

<*Ian*>

What happens, the reason the calendar ends is because more and more happens in every moment than ever before. Faster and faster and faster and more and more happening until finally absolutely everything which is infinitely possible all happens at the same time, which is the truth in the first place. It's just that our consciousness hasn't caught up to that yet. That's what this evolution is about. So once we get to that point there is no, not one single limit of time and space whatsoever, end of Mayan calendar and of calendars and open to your own personal creation of whatever it is that you wish to experience with no limit whatsoever, or on anybody else, either.

<*Audience member*>

. . . talks about zero point?

<*Ian*>

I'm not sure if that's exactly the same term. Zero point on his. . . He's talking about the electromagnetic shutdown of our system which means the end of your mind. The mind is electromagnetic, it's not your brain, it's a field, more like your aura, is your mind. It's all those mental pictures that you've got. All those are electromagnetic. And when the electromagnetic falls, the mind is gone. But that's a step or stage toward having no limit, because all of your limits only exist in your mind. So, does that answer that question?

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<*Audience member*>

Yes.

<*Ian*>

Yes! A couple more questions, and then we'll go have cookies and go to bed.

<*Audience member*>

Did the Maya receive information of what was the creation purpose? Did they know what was the creation purpose or did they just want to give the calendar?

<*Ian*>

The Maya that I have met with and the current living Maya, to me, they didn't present a clear idea of that. They knew they had the pattern and that the prophecies are important. They knew that they could predict what was going to happen. And that seems to be where their consciousness right now is mostly focused is on providing the warnings of what might happen, or what is going to happen, in the future. It seems to be most of their focus.

<*Audience member*>

Another question, do they have any type of connection with other civilizations in their time?

<*Ian*>

I believe so, with Christians, yeah, I think so. In fact, it looks like the Mayan civilization came from the . . . and the . . . came from Atlantis along with the people the Celts and the Egyptians and Phoenicians. And there are Phoenician ships that are crashed off the Florida coast. I have met people who have dived down and brought up vessels or urns off the Florida coast so, yeah, there have been lots of enterprise.

<*Audience member*>

This is a general question, does anybody know about super ionized water?

<*Ian*>

Oh, yeah. The angel water from . . . , the Turkish water. I don't know. Has anyone tried that stuff? A few years ago I had the opportunity to try some.

<*Audience member*>

What did you think?

<*Ian*>

I thought it was water!

<*Audience member*>

From a special well or a tuning fork?

<*Ian*>

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It's a process in Turkey they were producing ionized water, but there's water everywhere all over the place now. OK, two more questions and that's it.

<*Audience member*> <*Because of a lot of static noise, I couldn't understand the question*>

<*Ian*>

Oh yeah! Yeah! The bigger and bigger the system is that you have, the slower it changes. The bigger the system, the slower it changes, like an aircraft carrier. For instance, like the Enterprise, it takes three miles for it to turn around; a speed boat and your back the other way. So, you look at our society, the momentum, the inertia that we've built up going in this one direction and gobbling and mashing things as we go, we have really got a lot going on and we're way up here above anything natural and when the support finally comes out, it's going to be like Wile E. Coyote over the Grand Canyon, a long ways down. On the other hand, the poor Maya, the very poor, poor Maya that don't have a nickel to rub together, these guys are going to be absolutely fine. Nothing is going to change in their world. They're going to be gathering coconuts and they're going to be eating lobsters the same as everyone all the way. So, all of a sudden these people who are trying to help by giving them refrigerators and electric mixers, all of a sudden they're going to be just fine and as people here in the United States are going to be horribly upset that there's going to be no Dream Whip at the store! Not a lot to worry about on their behalf. OK, last question.

<*Audience member*>

Tamari and Miso?

<*Ian*>

Tamari and Miso.

<*Audience member*>

Right. Fermented soy.

<*Ian*>

Oh, yeah. Bad! We can't even eat Bragg's soy. I'm saying this stuff, you know, now, I'm not a doctor, but on my website are the clinical reports. Don't take my word for it. Go research for yourself. The knowledge is available.

<*Audience member*>

So what do the Mayan prophecies point to with the future and with the times that they are focusing on that they say is the end of their calendar? What do they say about the prophecies?

<*Ian*>

Well, that's also on our web page. Carlos Barrios is the most authoritative outspoken representative for the Maya civilization right now and his letters are there and his speeches. He's also on Earth Changes TV. He's been doing a lot there and what he's basically saying is "It's over!" Your whole life is going to turn upside down, that there's going to be massive earth changes, earthquakes that will wipe out millions of people. Tornadoes, typhoons, tsunamis and it's happened. That the economy is gone, and that's already true. You are all bankrupt.

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<*Audience member*>

They aren't going to try to take our houses, are they?

<*Ian*>

Well, actually they are going to try to take your house. They want everybody on the street. They want everybody on the street demonstrating. They want everybody on the street out there demonstrating against their next door neighbor and against everything. That's the general plan is to cause absolute chaos, because they win in that plan. That's not going happen. There will be plenty of people who are out there to resist and they will in that be dealt with very, very harshly by our government, very harshly. That's why I'm saying don't go demonstrate. You don't need to do that. You know what tasers are right, tasers? Well, now they have them for crowd control and they are itching to use this. They've developed a gas, a plasma gas, that they can spray over a crowd and taser a 1,000 people all at once. There's more possible now! Just don't get in the way of all that. Just don't participate in that resistance.

<*Audience member*>

I just want to say I understand that after 2012 time and life as we now know it will not exist.

<*Ian*>

Right!

<*Audience member*>

It doesn't mean life won't continue, but as we know it will not exist.

<*Ian*>

The limits are going to come off of our experience. Right now, we're experiencing mostly five senses. That's a limit. There are lots more going on and a whole spectrum of light that we already have seen and hearing, you know, all that opens right up. Star gates, other times, other dimensions, all that, open right up. We aren't equipped at this moment to understand where we are actually going. We can just see the direction.

<*Audience member*>

Things are looking up!

<*Ian*>

Very much! Thank you! Yes!

<*Audience member*>

This whole period of time, 80 to 100 years of life, we happen to be in the midst of hitting the top of the pyramid. What about the souls of the past that have evolved and coming to lay the ground work for us? Do they spiritually move forward?

<*Ian*>

Some of them might be us! There are a whole lot of people on the planet, right now. The Atlantians were really smart guys, right? High tech and somewhat spiritual or at least

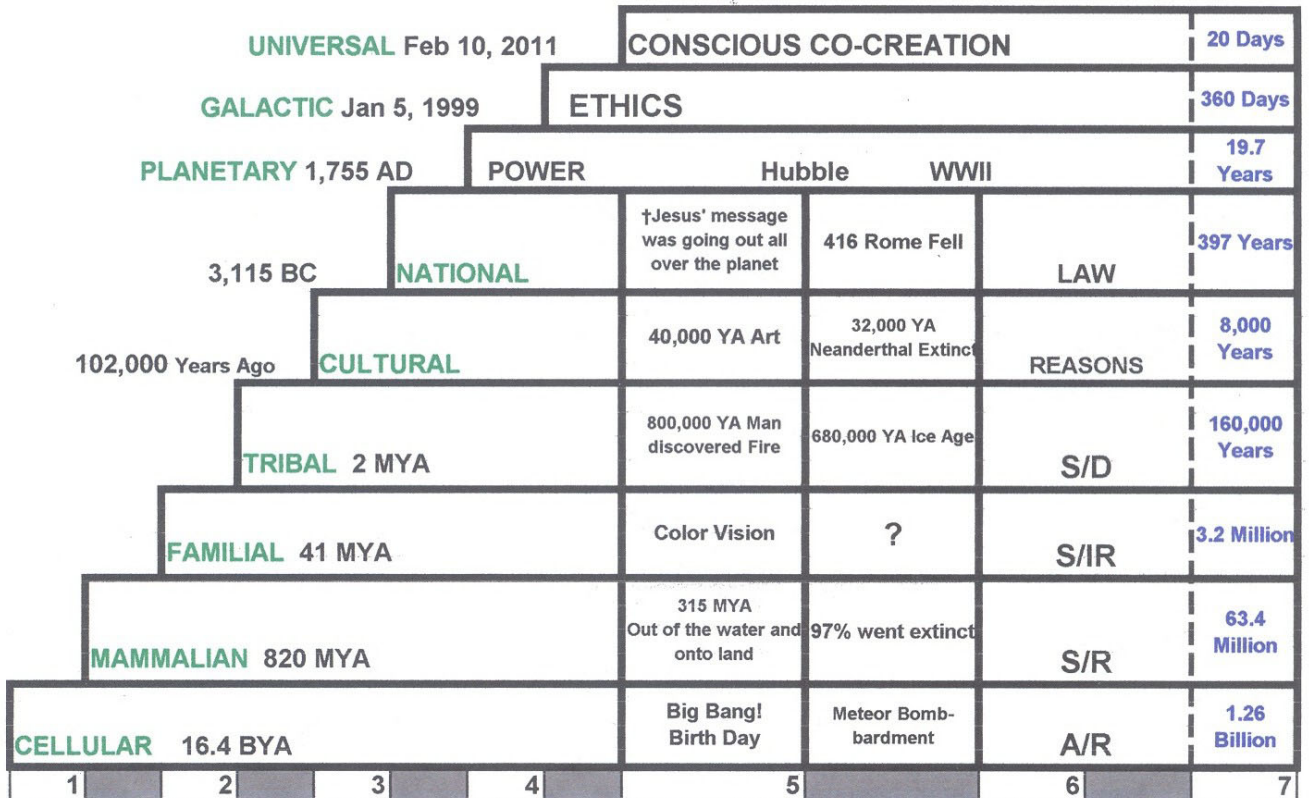
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intellectually. I think they figured this all out. I think it was the Atlantians or somebody like that who figured it all out fifteen thousand years too early. Bummer! So, what they tried to do with all their expertise is move all this forward. Oops! It just didn't work so well. So, here we are riding the wave! I want to thank you all very, very much!

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260 Oct 28, 2011  
Days



MYA = Million Years Ago; BYA = Billion Years Ago; YA = Years Ago

Figure 1

The Mayan Calendar  
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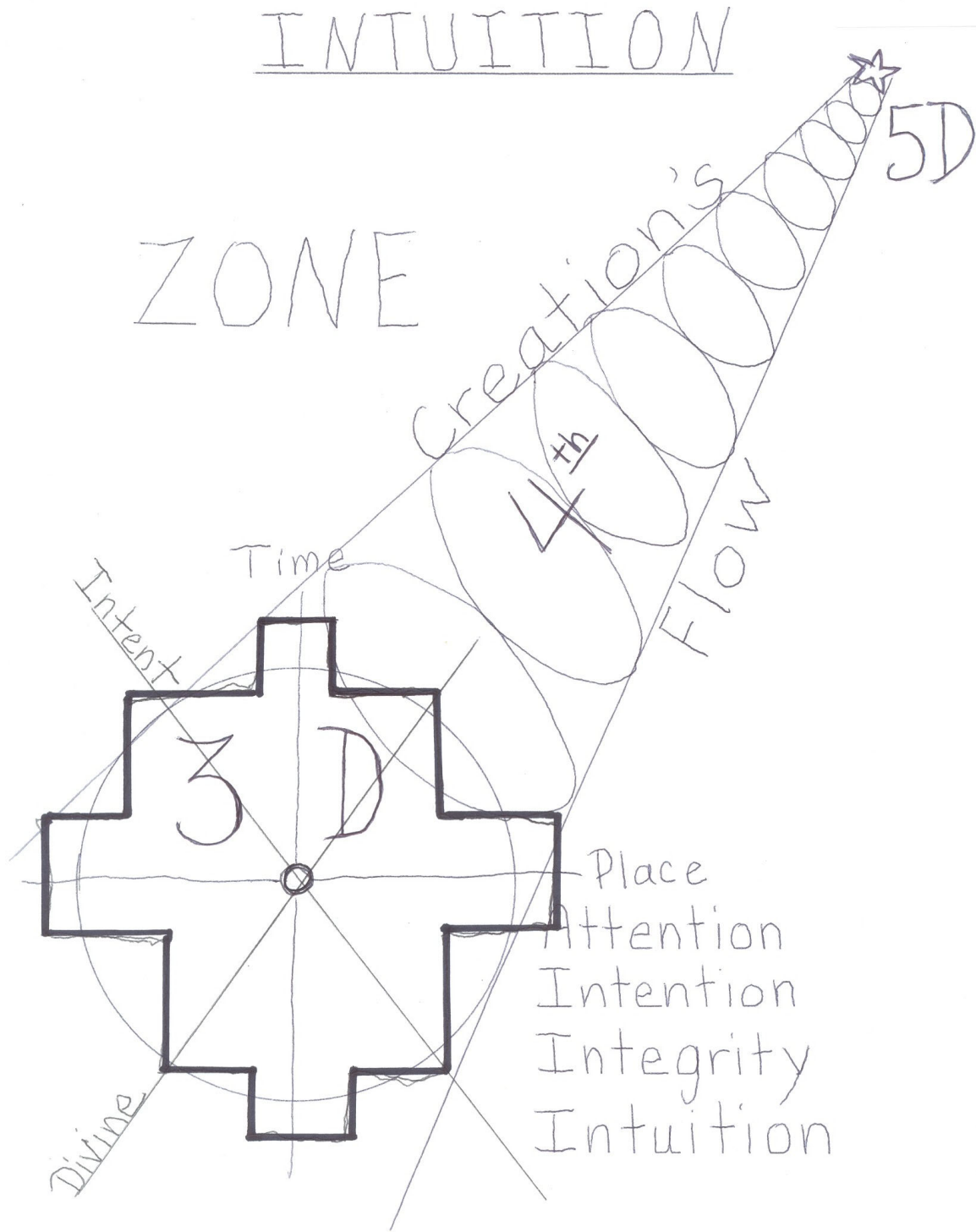


Figure 2

**Creating  
Peace of Mind**

**CENTEREDNESS**

**CERTAINTY**

**RECOGNITION OF PATTERNS**

**REPEAT OF PATTERNS**

**REPEAT > > > > > >**

**HYPNOTISM**

**BEING CREATED**

**Figure 3**

The Mayan Calendar  
The Evolution Continues

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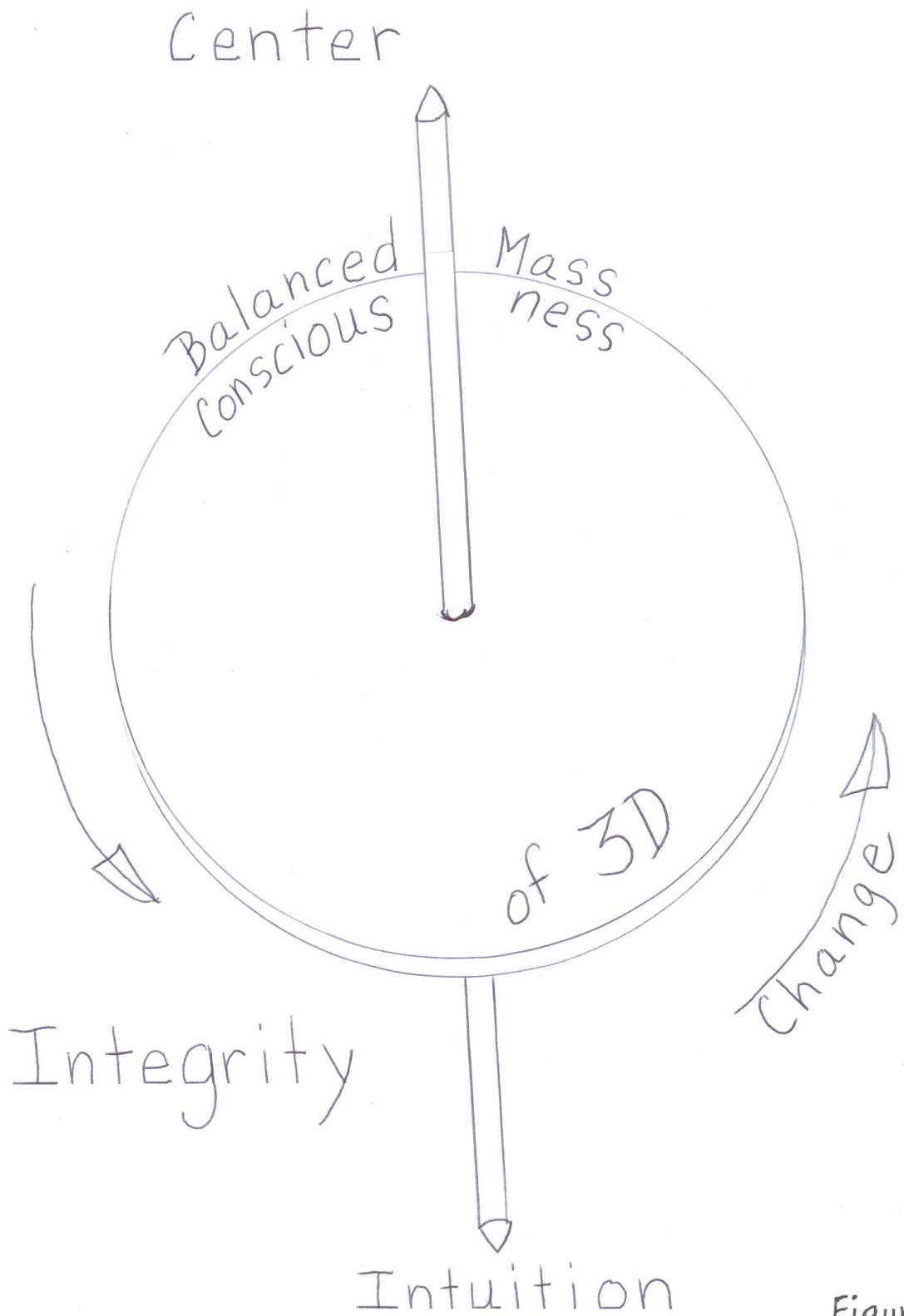


Figure 4a

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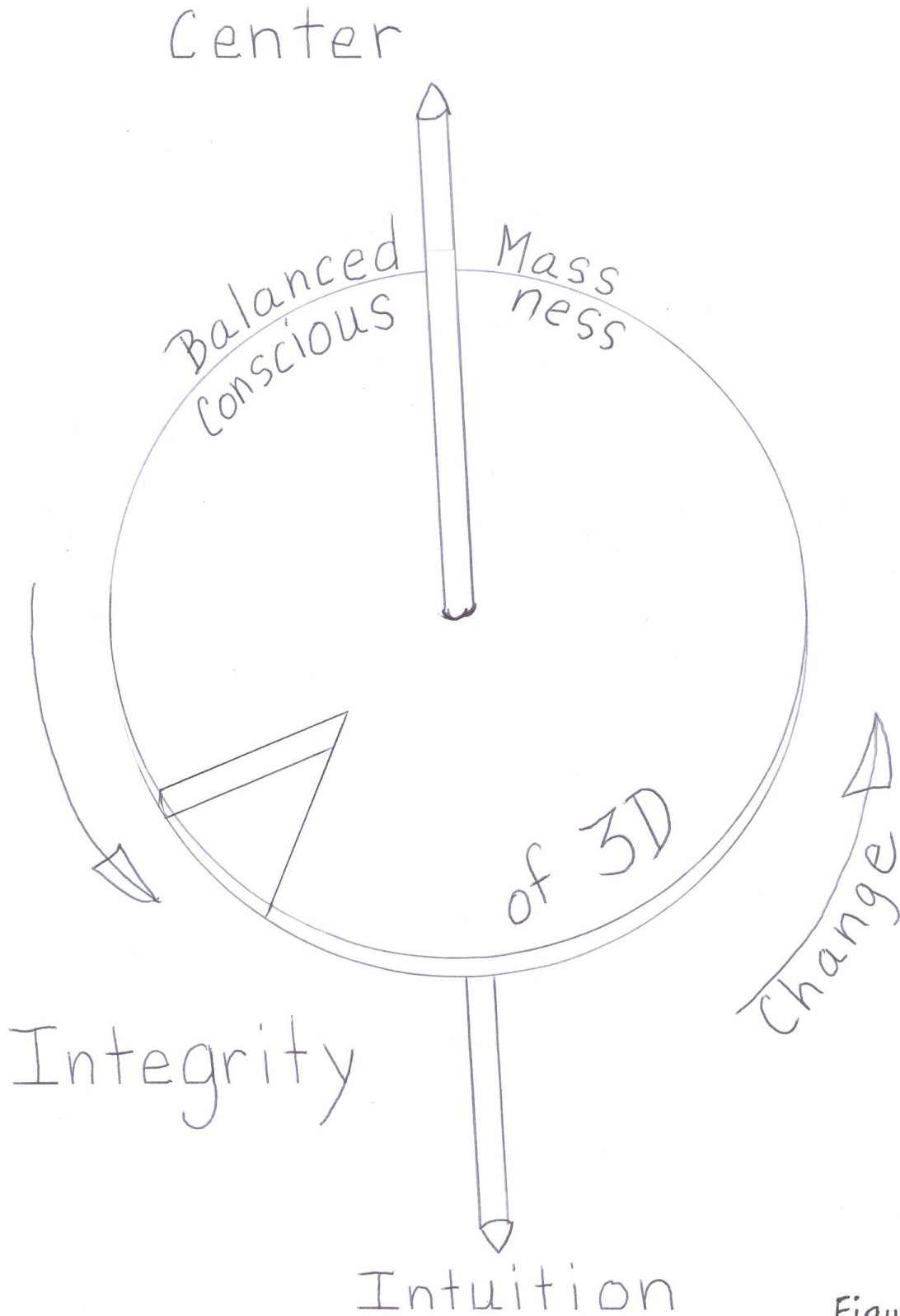


Figure 4b

# Foundations & Majix

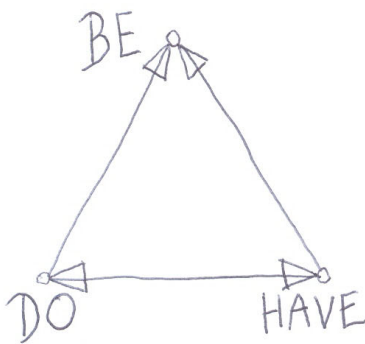
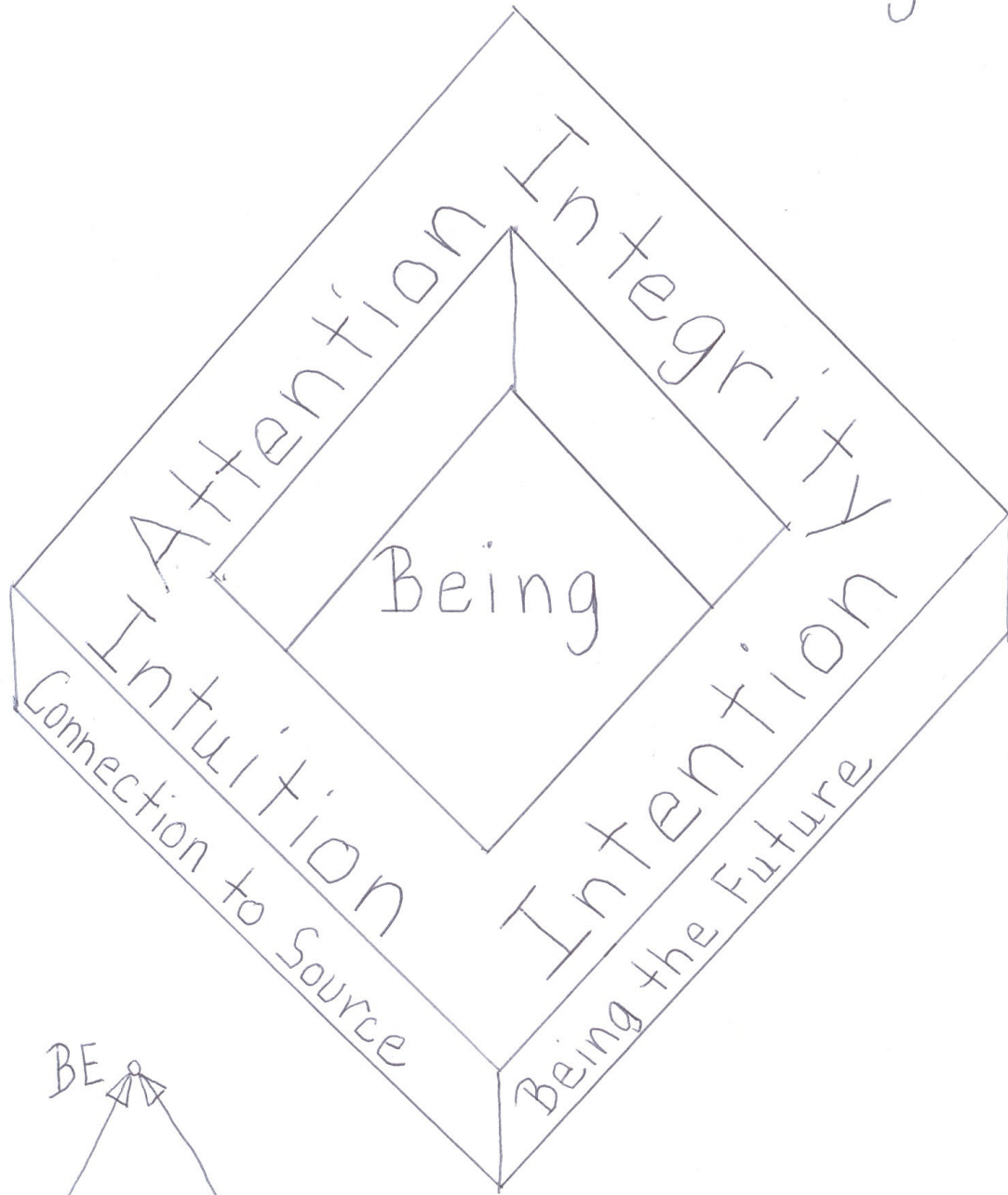


Figure 5

# Cube of Can't

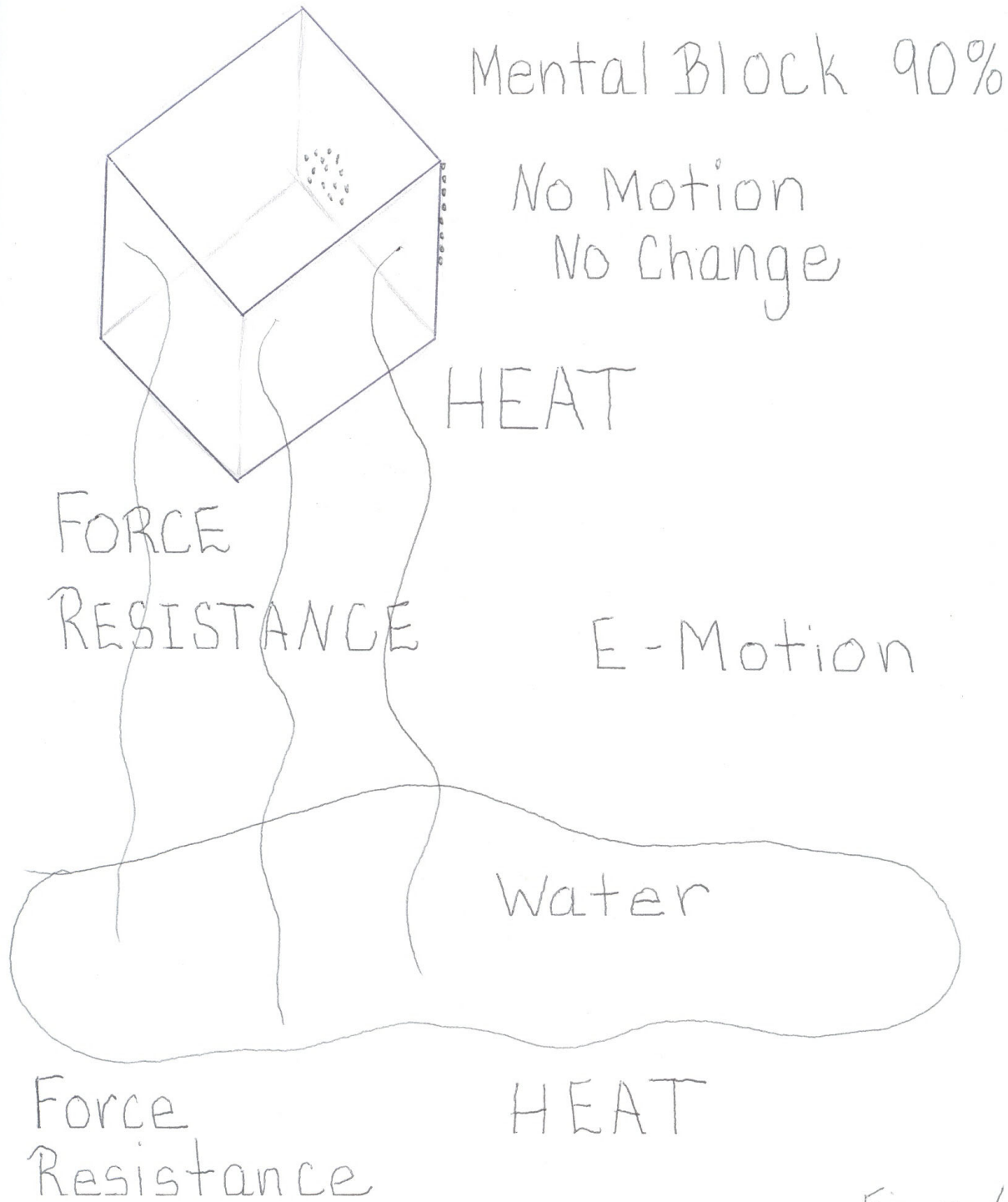
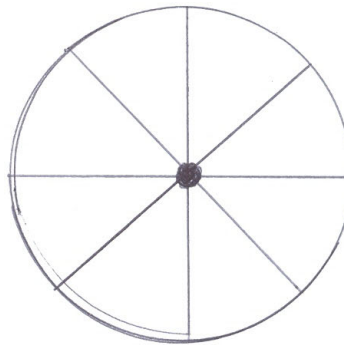
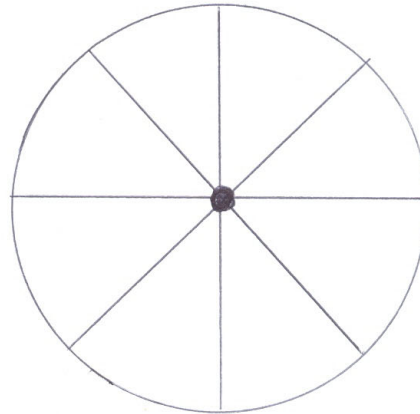
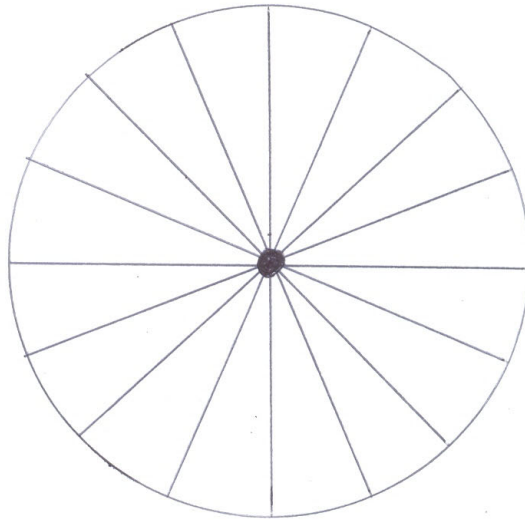


Figure 6

**The Mayan Calendar  
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<b>ECSTASY</b>	○ ○
<b>Enthusiasm</b>	○○○○○○○○ ○○○○○
<b>Interest</b>	○○○○○○○ ○○○○○
<b>Conservatism</b>	○○○○○○○ ○○○○○○○
<b>Boredom</b>	○○○○○ ○○○○○○○
<b>Antagonism</b>	○○○○○ ○○○○○
<b>Pain</b>	○○○○○ ○○○○○
<b>Anger</b>	○○○○○ ○○○○○
<b>Covert Hostility (sarcasm)</b>	○○○○○○○
<b>Fear</b>	○○○○○○○
<b>Sympathy</b>	○○○○○
<b>Grief</b>	○○○○○
<b>Propitiation (please don't hurt me)</b>	○○○
<b>Apathy</b>	○○
<b>Death</b>	○



13 x 20

13

Figure 7